



Los Angeles Rams
2020
Training Camp Release





Los Angeles Rams Begin 2020 Training Camp on the Campus of California Lutheran University



2020 Los Angeles Rams Schedule

Regular Season

Sept. 13	Dallas Cowboys	5:20 p.m. (SNF)	NBC
Sept. 20	at Philadelphia Eagles	10:00 a.m.	FOX
Sept. 27	at Buffalo Bills	10:00 a.m.	FOX
Oct. 4	New York Giants	1:05 p.m.	FOX
Oct. 11	at Washington Redskins	10:00 a.m.	FOX
Oct. 18	at San Francisco 49ers	5:20 p.m. (SNF)	NBC
Oct. 26	Chicago Bears	5:15 p.m. (MNF)	ESPN
Nov. 1	at Miami Dolphins	10:00 a.m.	FOX
Week 9	BYE WEEK		
Nov. 15	Seattle Seahawks	1:25 p.m.	FOX
Nov. 23	at Tampa Bay Buccaneers	5:15 p.m. (MNF)	ESPN
Nov. 29	San Francisco 49ers	1:05 p.m.	FOX
Dec. 6	at Arizona Cardinals	1:05 p.m.	FOX
Dec. 10	New England Patriots	5:20 p.m. (Thur.)	FOX/NFLN
Week 15	New York Jets	TBD	TBD
Dec. 27	at Seattle Seahawks	1:05 p.m.	CBS
Jan. 3	Arizona Cardinals	1:25 p.m.	FOX

For information on tickets, please visit:
www.therams.com/tickets

Rams Communications

Visit the Rams Media Information Portal

for weekly releases, media guide, access to the Rams media credential system and other pertinent media information at

www.therams.com/media

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Final 2019 NFC West Standings

Team	W	L	T	Pct.	PF	PA	Conf.	Div.
San Francisco	13	3	0	.813	479	310	10-2	5-1
Seattle	11	5	0	.688	405	398	8-4	3-3
Los Angeles	9	7	0	.563	394	364	7-5	3-3
Arizona	5	10	1	.344	361	442	3-8-1	1-5

Rams Embark on 2020 Campaign



Rams Head Coach Sean McVay

Thousand Oaks, Calif. - The 2020 Los Angeles Rams Training Camp Presented by UNIFY Financial Credit Union will take place for the first time at the team practice facility located on the campus of Cal Lutheran University in Thousand Oaks, Calif.

Head Coach Sean McVay enters the 2020 campaign with aim to become only the fourth head coach in franchise history to post a winning-record in their first four seasons (George Allen 1966-69, Chuck Knox 1974-77, John Robinson 1983-86).

With only 16 starters returning from 2019, there are 31 new faces on the 82-man camp roster (as of 8/1), including 27 rookies that feature nine draft selections made by General Manager Les Snead in the 2020 offseason.

Additional offseason moves engineered by Snead highlight the key free agent signings of OLB Leonard Floyd (Chicago) and DL A'Shawn Robinson (Detroit). Eighteen undrafted free agents comprise the remaining prospects competing to learn under a championship pedigree while donning the newly branded Rams Royal and Sol.

Rookies, quarterbacks, and injured players reported on Monday, July 27 for COVID-19 testing. Veterans reported on Tuesday, July 28 for COVID-19 testing. The team will participate in eight training camp acclimation periods on Aug. 3-7 and Aug. 9-11. These activities are closed to media.

For the second time since returning to Los Angeles in 2016, the Rams will be featured on HBO's Hard Knocks, this time also featuring the Chargers, the first time the show will feature two teams in its history.

All dates and times for training camp practices are subject to change. Please review the 2020 Rams Media Policy.

Rams 2019 Statistical Leaders

Passing	Comp/Att.	Yards	TDs	INTs	Rtg.
Jared Goff	394/626	4,638	22	16	86.5
Rushing	Att.	Yards	Avg.	Long	TDs
Todd Gurley II	223	857	3.8	25	12
Receptions	Rec.	Yards	Avg.	Long	TDs
Cooper Kupp	94	1,161	12.4	66	10
Receiving Yards	Yards	Rec.	Avg.	Long	TDs
Cooper Kupp	94	1,161	12.4	66	10
Tackles	Total	Solo	Asst.		
Cory Littleton	134	78	56		
Sacks	No.	Yards			
Aaron Donald	12.5	69.5			
Interceptions	No.	Yards	Avg.	Long	TD
Six Tied With	2	-	-	-	-
Punting	No./Yards	Avg.	Net Avg.	In20	Long
Johnny Hekker	66/3,128	47.4	42.4	22	71
Kicking	FGM	FGA	FG Pct.	Long	Points
Greg Zuerlein	24	33	72.7	58	114
Punt Returns	Ret/FC	Yards	Avg.	Long	TDs
JoJo Natson	19/20	149	7.8	35	0
Kickoff Returns	Ret.	Yards	Avg.	Long	TDs
JoJo Natson	13	289	22.2	30	0



Los Angeles Rams 2020 Media Policy



The Los Angeles Rams media access policy has been carefully crafted to foster a positive relationship with all media in conjunction with the overall policies of the National Football League. The ultimate goal of our team policy is to ensure a professional working environment, the delivery of accurate and timely information, and to accommodate the goals of the media and the team. We look forward to working with you this upcoming season. Please contact a member of the Rams Communications department if you have additional questions.

The Los Angeles Rams will hold its 2020 training camp at its practice facility, 3680 Campus Dr., Thousand Oaks, Calif. 91360. Training camp will begin with an acclimation period that will last approximately two weeks, up to the week of Aug. 17. During the acclimation period, media will not be allowed at the facility. All interviews with coaches, players and staff during this time will be conducted virtually or by phone. Coach and player availability advisories will be sent to media.

The week of Aug. 17 and Aug. 24 will be governed by our training camp policy, but all interviews will still be done virtually or by phone. Players and the head coach will be available to media for interviews on a regular basis and assistant coaches will be available upon reasonable request. Practice will be open to the media and television cameras.

MEDIA ACCREDITATION

All media must request permission from the Los Angeles Rams Communications department before attending a training camp practice. Outlets must obtain advance approval to attend practice from Rams Senior Director of Communications Artis Twyman at least 24 hours in advance of the practice that you wish to attend. Media interested in covering practice should submit their request via email to credentials@rams.nfl.com.

Please note that during the 2020 training camp, the number of media that can be hosted on-site will be lower than past years. As such, accredited media that are unable to cover on-site but wish to participate in virtual media availabilities, should contact a member of the Rams Communications department.

MEDIA ACCESS & REPORTING

- Media must report to the media tent upon arrival to the team facility. A member of the team's communications staff will escort media to the practice field when the open portion begins. Media are to remain in their designated area at all times.
- Media will be allowed to watch practice from the perimeter of the fields. Media will not be able to split the fields.
- Television cameras will be able to shoot the stretching and individual portions of practice only. Still cameras can shoot all of practice.
- The use of recorders, laptops, tablets and other personal communications devices during practice is strictly prohibited. No live reports of any kind can be filed in any medium or form while the team is still on the practice field (includes traditional media, social media, radio call-ins, etc.).
- Media can report (tweeting, blogging, etc.) newsworthy events during practice (exceptional catches, standout rookie performers, etc.).
- Media cannot report, air, and/or publish the following information observed during practice:
 - Game strategy being employed by members of the Rams coaching staff or players at any time (i.e. formations, personnel groups, deployment of personnel, starting lineups, unconventional plays, etc.)
 - Detailed speculation as to the potential nature or severity of an injury or level of practice participation until the injury report is issued or the injury in question is addressed by the head coach
 - Comments made by coaches and/or players during practice
 - Other sensitive information such as number of repetitions taken by a player, length of any practice, attire worn by players, various positions the players participated in, etc.

CREDENTIALS & PARKING

Media that receive approval to attend training camp will be issued a parking pass and a credential. The parking pass can be used for the entire duration of training camp and a credential will be distributed prior to each practice at check-in. Media will park on the lot off of S. Olsen and Mountclef Rd. (map attached). Live trucks will continue to enter the facility on Campus Dr. and park along the fence inside of the gate.

PLAYER AND COACH REQUESTS

The weeks of Aug. 3 and Aug. 10, Head Coach Sean McVay will be available once a week and selected players will be available throughout those two weeks. For a special request, please reach out to the Communications department.

Starting the week of Aug. 17, players and the head coach will be available to media on a regular basis. Players will be selected to speak to media on each practice day. For special media requests, please contact the Communications department.

PRACTICE FACILITY ACCESS

Upon entering the facility from the parking lot, media will be asked a series of COVID-related questions and will have their temperatures checked. Media experiencing COVID-like symptoms or have a high temperature will not be permitted on the team's campus.

While on the campus, masks must be worn at all times. The Rams Communications department will have masks available for anyone in need.

MEDIA TENT

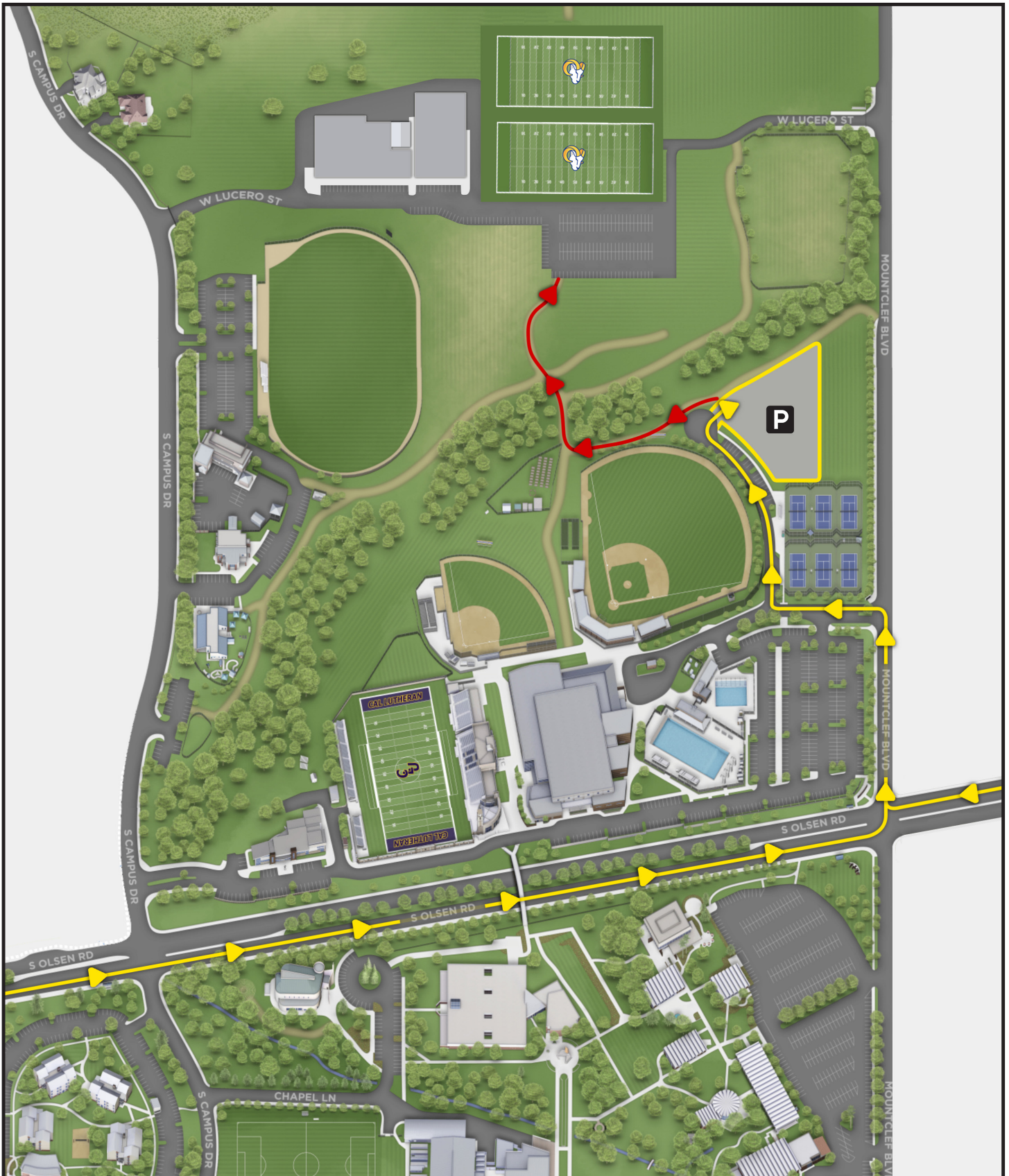
No access inside the building will be permitted. A tent will be available to media who need to work on-site before, during and after practice. Please note that the media tent will not be open 24/7. The media tent hours of operations will be from noon to 8 p.m.

Workstations within the tent will be spread apart to accommodate social distancing measures. Outdoor restrooms will be available to media outside near the media tent. Individually wrapped food and beverages will also be provided.

**** The Los Angeles Rams have a zero tolerance policy regarding the aforementioned guidelines. Failure to adhere by the Los Angeles Rams Media Policy will result in the suspension or loss of credentials and access by an individual or media outlet. The Los Angeles Rams reserve the right to change the team media policy at any time without prior notice.****



Los Angeles Rams 2020 Training Camp Info





Key Contributors



Offense



Defense



WR Cooper Kupp – Fourth-year pro has appeared in 39 regular season games (28 starts) with one appearance in the postseason. 2019 marked his first season to eclipse 100-plus receiving yards in a single game four times, streaking over four-consecutive games. Posted seven receptions in a Week 8 victory against Cincinnati (10/27/19) to average 31.4 yards per reception and set a career-best 220 total receiving yards in a single game. The feat is the most receiving yards in an International Series game in league history, the output was six-yards short of the most-receiving yards in a single game in 2019 (A.Cooper, 226).

TE Tyler Higbee – Played in 63 career regular season games (54 starts) in addition to starting all four postseason contests he's appeared in. Recorded a career-high 69 receptions for a career-best 734 yards and three touchdowns in 2019. Posted four-straight 100-plus yard receiving output from Weeks 13-16 in 2019. Has caught 129 passes for 1,406 yards with seven touchdowns in his career.

OL Andrew Whitworth – 15th-year veteran has started 211-of-215 career regular season games played and started all 10 of his postseason appearances. Named the team's 2018 and 2019 Walter Payton Man of the Year candidate for his work in the community. The four-time Pro Bowler and two-time All-Pro earned team captain honors in each season since joining the Rams in 2017. Became only the second offensive lineman in league history to start a win against all 32 NFL teams.

OL Joe Noteboom – Third-year pro out of TCU, earned his first career start in a 2019 Week 1 contest at Carolina. Appeared in 22 regular season games with six starts. Played all 16 regular season games and three postseason contests as a rookie in 2018. Was drafted in the third round, No. 89 overall in the 2018 NFL Draft.

OL Austin Corbett – Third-year pro out of Nevada. Originally drafted with the first pick in the second round of the 2018 NFL Draft by the Cleveland Browns. Traded to the Rams on Oct. 15, 2019 where he appeared in 22 games with seven starts.

OL Austin Blythe – Entering his fifth season with 55 regular season appearances (33 starts), including 30-of-32 games between 2018-19 at the right guard position. Started a 2019 Week 10 contest against the Steelers at left guard and a Week 12 win over the Bears at center. Earned his first postseason start in his second-career playoff game in 2018 NFC Divisional Round, the first-of-three postseason starts. Committed only three penalties and allowed 1.0 sacks through during the 2019 season.

OL Brian Allen – Third-year pro out of Michigan State, earned his first career start in a 2019 Week 1 contest at Carolina. Appeared in 22 regular season games with nine starts. Started all nine games played in 2019. Was drafted in the fourth round, No. 111 overall in the 2018 NFL Draft.

OL David Edwards – Second-year pro out of Wisconsin, drafted in the fifth round (No. 169 overall) of the 2019 NFL Draft. Played in all 16 games with 10 starts in his rookie season. Earned his first-career start in a 2019 Week 7 win at Atlanta, where he helped seal a pocket for QB Jared Goff to throw for 268 yards without absorbing a sack. Helped prevent Goff from being sacked in three of his first four starts and then again in Weeks 14 and 16 of 2019.

OL Rob Havenstein – Sixth-year pro, started all 68 career regular season games played and all four postseason contests. Has committed only 19 penalties in 68 regular season games. A second-round selection (No. 57 overall) by the Rams in the 2015 NFL Draft, signed a contract extension prior to the 2018 campaign.

OL Bobby Evans – Entering his second season with the Rams, where he was drafted in the third round (97th overall) in the 2019 NFL Draft. Played in nine games with seven starts at right tackle in his rookie campaign. Did not allow any sacks and did not commit any penalties in 2019 season.

WR Robert Woods – The USC product has played in 100 regular season games with 90 starts through the 2019 season. Hit a career-high 90-reception mark for 1,134 yards, sharing with WR Cooper Kupp the first time a Ram has tallied 90-plus receptions in a single season since 2006 (Steven Jackson, 90). His 139 targets in 2019 makes him the most-targeted receiver for the Rams since 2007 (Torry Holt, 149). Woods' 142 receiving yards single game high in the postseason marks the fourth-highest output in a single postseason game in Rams history and is only the fourth receiver in franchise history to post 100-plus receiving yards in their postseason debut with the Rams.

QB Jared Goff – Entering 2020 as a fifth-year pro, started all 54 regular season games and all four postseason contests. During the 2019 season, completed 394-of-626 passing attempts for 4,638 yards and 22 touchdowns. Ranks No.1 for most-passing yards in a single game in 2019 (517), where the mark slots seven spots behind Rams QB Norm Van Brocklin, who holds the No.1 spot all-time in league history. The 13th QB since 1950 to throw for over 10,000 yards in their first 40 starts. Became the fourth-youngest quarterback to start a Super Bowl.

RB Malcolm Brown – Entering as a sixth-year pro, has appeared in 54 games since the 2015 season. Logged a career-best five touchdowns in 2019, including two in the season opener at Carolina to record the first multi-touchdown game in his career.

TE Gerald Everett – Fourth-year pro has played in 45 regular season games with four starts, in addition to one start in four postseason games played in his career. Posted a career-best 408 yards on a career-high 37 receptions with two touchdowns in the 2019 season. Averages over 11 yards per reception. In his career, totaled 972 yards receiving on 86 receptions.

WR Josh Reynolds – Fourth-year pro has played in 48 regular season games with 11 starts and appeared in four postseason contests with two starts. During the 2018 regular season, posted career highs in receptions (29) and receiving yards (402), while averaging 13.9 yards per reception, with five touchdowns. 2019 saw a 15.5 average per reception. The Texas A&M product continues to be utilized as a dual-threat in the backfield, doubling his 2018 efforts with five attempts tallying 23 yards during the 2019 season. Posted 832 yards on 61 receptions with seven total touchdowns.

DL Michael Brockers – The ninth-year pro started 121-of-123 career regular season games played and all four postseason contests. The LSU product has 23.0 career sacks, nine passes defended, two forced fumbles and one fumble recovery. Ranks No.2 on the Rams active roster in total tackles tallied during the 2019 season. Averages 15-plus QB pressures each season where he recorded his first sack of the 2019 season in a Week 2 win over the Saints. Started his playoff debut and recorded 0.5 sacks, where it was split with DT Aaron Donald.

DL Sebastian Joseph-Day – Entering 2020 as a second-year pro, starting 15-of-16 games in 2019 where he earned his first-career start in Carolina. Picked up his first-career sack in Week 4 of the 2019 season against Tampa Bay where he would go on to record 44 total tackles and 2.0 sacks for the season. Selected in the sixth-round (195th overall) of the 2018 NFL Draft.

DL Aaron Donald – Six-time Pro Bowler and five-time All-Pro has started 90-of-94 regular season games played in addition to all four postseason appearances. Named a team captain in 2019. Despite often double-teamed, recorded multi-sack games twice in 2019 - a mark he has posted in four-of-six seasons played in the NFL. 20.5 sacks came in 2018, accounting for the most in a single season by a Rams defender. The back-to-back NFL Defensive Player of the Year (2017-18) has 72.0 career sacks.

DL A'Shawn Robinson – Fifth-year pro acquired in free agency out of Detroit on 3/18/20. Started 37-of-58 career regular games played (2016-19), with an additional start in the 2016 postseason. Logged 40 total tackles with 1.5 sacks and a forced fumble in 2019. Tallied career totals of 172 tackles, 5.0 sacks, three forced fumbles, three fumble recoveries and a first-ever pick six against Saints QB Drew Brees in 2017.

OLB Samson Ebukam – Fourth-year pro out of Eastern Washington. Played in 48 regular season games with 21 starts through the 2019 season, in addition to four postseason appearances (two starts). Tallied 47 tackles (23 solo) in 2019 and accounts for the second-most defensive sack yards-for-loss on the season among current active Rams defenders. Tallied a career-best 4.5 sacks in 2019. Career totals include 108 total tackles, 9.5 sacks, 20 QB hits, five forced fumbles and two defensive touchdowns.

OLB Leonard Floyd – Joins the Rams as a fifth-year pro after being acquired in free agency via Chicago (3/18/20). Has started in every game played professionally (54) amassing 154 total tackles (104 solo), 18.5 sacks, 44 QB hits, one forced fumble, three additional fumble recoveries and two defensive touchdowns. 2019 matched a career-high 12 QB hits and marks the third-consecutive season to levy 10-plus disruptive hits on the quarterback.

LB Troy Reeder – Second-year undrafted pro out of Delaware. Earned a spot on the 2019 Rams 53-man roster and ended the season ranking sixth on the Rams defense with 53 total tackles (32 solo). Became the only undrafted rookie to record double-digit tackles in each of his first two career starts since 2000.

LB Kenny Young – Third-year pro out of UCLA, joined the Rams via trade during the 2019 season. Played in five games with three starts with the Ravens and appeared in nine games for the Rams a season ago. As a rookie in 2018, played all 16 games with three starts in Baltimore, finished with 37 total tackles and 2.5 sacks.

CB Troy Hill – Enters 2020 as a sixth-year professional. Has played in 57 career games with 23 starts. Has recorded 134 total tackles, including 101 solo stops in his career. Posted back-to-back season with multi-interceptions to snare a total of four career interceptions with 19 passes defended. Played in 14 games with nine starts in 2019. Had a career game in a 2019 Week 11 win over the Bears, finishing with six solo tackles, 1.0 sack, one interception and three passes defended.

CB Jalen Ramsey – Fifth-year pro, has played in 60 career games with 59 starts. Acquired via trade with Jacksonville on 10/15/19. Has recorded 243 tackles, including 213 solo stops in his career. Snared 10 career interceptions, including his first as a Ram in a 2019 Week 16 contest at San Francisco. Tallied 49 passes defended. Played in 12 games with 11 starts in 2019. Totaled 50 tackles (44 solo), five passes defended and forced two fumbles in 2019.

CB Darious Williams – Third-year pro out of UAB, has appeared in 16 games with three started through his first two seasons in the League. Started the final two games of the 2019 season for the Rams. Finished the season with 12 total tackles, four passes defended, one tackle for loss, one fumble recovery and two interceptions.

S Taylor Rapp – Second-year pro, selected in the second round (No. 61 overall) by the Rams in the 2019 NFL Draft. Appeared in 15 games with nine starts. Posted 99 total tackles, eight passes defended and two interceptions in rookie season. Recorded 25 tackles as a substitute through Week 6 of 2019, which were the most tackles by a substitute player through the first six games before earning his first start. Snared his first interception in a 2019 Week 13 win at Arizona and returned it 31 yards for a pick-six.

S John Johnson III – Fourth-year pro, has started 32-of-38 games played since entering the league in 2017. Career tallies include 240 total tackles (138 solo), seven interceptions and 24 passes defended. Two interceptions in 2019 came in Weeks 2 and 3, marking the first time in his career to snare one interception in back-to-back weeks in at least two consecutive seasons.



Rams Team Notes



Longest Tenured Rams



LS Jake McQuaide

There are four current Rams who have played at least 75 regular season games for the franchise, led by LS Jake McQuaide with 144 career regular season games played in a Rams uniform. McQuaide has played in every game since joining the franchise as an undrafted free agent following the 2011 NFL Draft.

P Johnny Hekker (128), DL Michael Brockers (123) and DT Aaron Donald (94) join McQuaide for most games played for the Rams organization.

McQuaide is the longest-tenured Ram and is the only player on the team that was signed or drafted prior to the arrival of General Manager Les Snead in advance of the 2012 NFL Draft.

Pos.	Player	Games Played for the Rams
LS	Jake McQuaide	144
P	Johnny Hekker	128
DL	Michael Brockers	123
DL	Aaron Donald	94

T Andrew Whitworth (215) has the most NFL games played of anyone on roster. Whitworth started his 200th game in Week 5 at Seattle and has started 211 games in his career.



Winning Big



Since Head Coach Sean McVay took over prior to the start of the 2017 season, the Rams have won six games by at least 29 points. L.A. is one of three franchises to record at least five wins of more than 29 points in that time frame. The Rams' big wins have come twice against the Cardinals, once against the 49ers, Seahawks, Giants and the Colts.

The Ravens are tied for a league-best six big wins, while the Patriots have five big wins and the Saints rank fourth with four big wins. There are three teams tied with three big wins and the Jaguars and Bears each have two big wins in the last three seasons.

Big Wins, (by at Least 29 points) 2017-2019

Team	29-Plus Point Wins
1t. Los Angeles Rams	6
1t. Baltimore Ravens	6
3. New England Patriots	5
4. New Orleans Saints	4
5t. Kansas City Chiefs	3
5t. Los Angeles Chargers	3
5t. Dallas Cowboys	3
8t. Jacksonville Jaguars	2
8t. Chicago Bears	2



Fresh Faces



Despite returning 16-of-22 starters from the 2019 season, the Rams welcome 31 new faces (27 rookies) to give a fresh look to open training camp for the 2020 campaign. Two defensive veterans, OLB Leonard Floyd and DL A'Shawn Robinson, hail from the NFC North to add to a Rams' stout defensive presence that ranked fourth-overall in total tackles and total sacks in 2019.

The Rams 2020 draft class features a balanced approach to strengthen both sides of the ball, including playmakers RB Cam Akers (Florida State), WR Van Jefferson (Florida) and OLB Terrell Lewis (Alabama). Four selections were used on offense and defensive respectively, with an additional selection used for special teams. The selection of K Samuel Sloman in the seventh round was the first kicker since 2012 to be drafted by the Rams.

With losing key defensive Pro Bowl talent to retirement following the 2019 season, 11 of the remaining 24 additions to the Rams roster emphasize a development on future defensive pro bowl talent. Special teams will see an open competition in the kicking game with first-year players K Austin MacGinnis (AAF) and K Lirim Hajrullahu (CFL) aiming to kickoff their debut in the NFL.

Pos.	Name	College	Height	Weight	Obtained
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Free Agents (4):

OLB	Leonard Floyd	Georgia	6-5	240	FA-'20
DL	A'Shawn Robinson	Alabama	6-4	330	FA-'20
K	Austin MacGinnis	Kentucky	5-10	185	FA-'20
K	Lirim Hajrullahu	Western Ontario	5-11	205	FA-'20

Rookies (27):

RB	Cam Akers	Florida State	5-10	217	D2a-'20
WR	Van Jefferson	Florida	6-1	200	D2b-'20
OLB	Terrell Lewis	Alabama	6-5	262	D3a-'20
S	Terrell Burgess	Utah	5-11	202	D3b-'20
TE	Brycen Hopkins	Purdue	6-4	245	D4-'20
S	Jordan Fuller	Ohio State	6-2	203	D6-'20
LB	Clay Johnston	Baylor	6-1	227	D7a-'20
K	Samuel Sloman	Miami (Ohio)	5-8	205	D7b-'20
OL	Tremaye Anchrum	Clemson	6-2	314	D7c-'20
QB	Josh Love	San Jose St.	6-2	203	FA-'20
QB	Bryce Perkins	Virginia	6-3	214	FA-'20
RB	Xavier Jones	SMU	5-11	208	FA-'20
WR	Easop Winston Jr.	Washington St.	6-0	192	FA-'20
WR	J.J. Koski	Cal Poly	6-1	195	FA-'20
WR	Earnest Edwards IV	Maine	5-10	175	FA-'20
WR	Brandon Polk	James Madison	5-9	175	FA-'20
WR	Trishton Jackson	Syracuse	6-1	191	FA-'20
OL	Cohl Cabral	Arizona State	6-5	304	FA-'20
DL	Jonah Williams	Weber State	6-5	275	FA-'20
DL	Eric Banks	UT San Antonio	6-5	230	FA-'20
DL	Michael Hoecht	Brown	6-4	310	FA-'20
LB	Bryan London II	Texas State	6-2	232	FA-'20
LB	Christian Rozeboom	So. Dakota St.	6-2	230	FA-'20
CB	Levonta Taylor	Florida State	5-10	190	FA-'20
CB	Tyrique McGhee	Georgia	5-10	187	FA-'20
CB	Dayan Lake	Brigham Young	5-11	200	FA-'20
S	JuJu Hughes	Fresno State	5-11	188	FA-'20

In addition to the 31 new players, the Rams introduced three new coordinators this offseason - Brandon Staley (defensive coordinator), Kevin O'Connell (offensive coordinator) and John Bonamego (special teams coordinator). Staley spent last season as the Broncos OLB coach, O'Connell was the Washington Football Team's offensive coordinator and Bonamego was Detroit's special teams coordinator.



Rams Team Notes



A Trade A Day Keeps The Doctor Away



On Tuesday, Oct. 15, 2019 the Los Angeles Rams engaged in trades with three separate teams - the Cleveland Browns, Baltimore Ravens and Jacksonville Jaguars, from which they acquired three players.

The trade frenzy marked the first time one team has made a trade with three or more teams on the same day, during the regular season. On 10/17/89, the Cowboys made trades involving three players (Darrin Nelson, Steve Pelleur and Paul Palmer) with three teams (Chargers, Chiefs and Lions).

Rams Acquired Players via Trade 10/15/19

Pos.	Player	School	Ht.	Wt.	Acquired
OL	Austin Corbett	Nevada	6-4	306	T(CLE)-'19
LB	Kenny Young	UCLA	6-1	234	T(BAL)-'19
CB	Jalen Ramsey	Florida State	6-1	208	T(JAX)-'19

The trio combined for 15 starts and appeared in 26 games after arriving in Los Angeles a season ago.



First-Round Focus



The Rams have four players on their 90-man roster who entered the league as first-round selections in the NFL Draft, three of their four current first-round selections were drafted by the Rams.

CB Jalen Ramsey was a first round selection, No. 5 overall by the Jacksonville Jaguars in the 2016 NFL Draft.

First-Round Players on the Rams

Player (Team)	Position	Draft	Selection
Michael Brockers	DL	2012	14th overall
Aaron Donald	DT	2014	13th overall
Jared Goff	QB	2016	1st overall
Jalen Ramsey (Jax)	CB	2016	5th overall



Rams QB Jared Goff and NFL Commissioner Roger Goodell during 2016 NFL Draft

Follow Our Lead



The Los Angeles Rams haven't had to worry much about making a comeback since Head Coach Sean McVay arrived in 2017. Since the 2017 season, opposing teams have spent a total of 856 minutes and 15 seconds trailing the Rams in games where L.A. led from start to finish. The time stamp is equivalent over 57 quarters of playing time. McVay and the Rams haven't trailed their divisional opponents during the entirety of the game for eight of 15 games played.

Games Where Rams Never Trailed Their Opponent (McVay Era)

Season, Week, Opponent	Opp. Trailing Time
2017, Week 1, vs. Indianapolis Colts	57:43
2017, Week 3, at San Francisco 49ers	56:03
2017, Week 7, vs. Arizona Cardinals	49:14
2017, Week 9, at New York Giants	52:31
2017, Week 12, vs. New Orleans Saints	55:53
2017, Week 13, at Arizona Cardinals	56:41
2017, Week 15, at Seattle Seahawks	57:06
2018, Week 2, vs. Arizona Cardinals	44:29
2018, Week 3, vs. Los Angeles Chargers	51:14
2018, Week 6, at Denver Broncos	56:23
2018, Week 7, at San Francisco 49ers	51:34
2018, Week 13, at Detroit Lions	38:21
2018, Week 17, vs. San Francisco 49ers	56:57
2019, Week 1, at Carolina Panthers	43:48
2019, Week 2, vs. New Orleans Saints	38:29
2019, Week 8, vs. Cincinnati Bengals	46:06
2019, Week 11, vs. Chicago Bears	48:19
2019, Week 13, at Arizona Cardinals	54:56



No First And 10



The 2020 NFL Draft marked the 84th draft for the Rams franchise dating back to the second-ever NFL draft in 1937. The team has not had a first-round selection in 11 of those drafts, including a four-year span from 2017-2020.

The season following a draft in which the team didn't make a selection in the first round, the Rams went on to win at least 10 games on six different occasions (1967, 1968, 1973, 1984, 2017, 2018), including four seasons where the Rams claimed the NFC West title (1967, 1973, 2017, 2018).

Additionally, five of the franchise's 21 ties have come during those 10 seasons.

Year (Traded to)	Record, Divisional Finish
2020 (choice to Jacksonville)	TBD
2019 (choice to Atlanta)	9-7, third in NFC West
2018 (choice to New England)	13-3, first in NFC West
2017 (choice to Cleveland through Tenn.)	11-5, first in NFC West
1987 (choice to Houston)	6-9, third in NFC West
1984 (choice to Kansas City)	10-6, second in NFC West
1973 (choice to New England)	12-2, first in NFC West
1972 (choice to NY Giants through N.E.)	6-7-1, third in NFC West
1968 (choice to Detroit)	10-3-1, second in NFC West
1967 (choice to Minnesota)	11-1-2, first in NFC West
1948 (choice to Detroit)	6-5-1, third in Western Conference

In total, the Rams are 94-48-5 (.656) all-time the season after not selecting in the first round of that year's draft.



Rams Team Notes



Honor Roll



DT Aaron Donald brought home the first award of the 2019 season. The reigning two-time Defensive Player of the Year was named the Defensive Player of the Week following a solid outing against the Bears in the Rams win. QB Jared Goff earned the first Offensive Player of the Week honors following the Week 13 win over the Cardinals and P Johnny Hekker brought home Special Teams Player of the Week accolades in Week 17.

In 2018, QB Jared Goff earned his second-career NFC Player of the Week accolades after posting career numbers against the Vikings in a Week 4 game. Two days later, Goff was named the NFC's Offensive Player of the Month for September.

Donald received his first Player of the Week accolades in 2018 after establishing a career-high 4.0 sacks against the 49ers in a Week 7 win. Donald earned his first-career Player of the Month accolades for October 2018 and again for December 2018.

OLB Samson Ebukam earned NFC Defensive Player of the Week accolades following his 1.0 sack, one interception and two touchdown game against the Chiefs in Week 11. Donald was named Week 16 POW for a 3.0-sack performance against the Cardinals.

There were five Rams honored 10 times during the 2017 campaign with two NFC Special Teams Players of the Week, four NFC Offensive Players of the Week, one NFC Defensive Player of the Week, two NFC Offensive Players of the Month and two Special Teams Players of the Month.

Player	Award	(Season)
Aaron Donald	NFC Def POW	Week 1 (2015)
Aaron Donald	NFC Def POW	Week 14 (2015)
Aaron Donald	NFC Def POW	Week 4 (2016)
Aaron Donald	NFC Def POW	Week 7 (2018)
Aaron Donald	NFC Def POM	October (2018)
Aaron Donald	NFC Def POW	Week 16 (2018)
Aaron Donald	NFC Def POM	December (2018)
Aaron Donald	NFC Def POW	Week 11 (2019)
Samson Ebukam	NFC Def POW	Week 11 (2018)
Jared Goff	NFC Off POW	Week 9 (2017)
Jared Goff	NFC Off POW	Week 4 (2018)
Jared Goff	NFC Off POM	September (2018)
Jared Goff	NFC Off POW	Week 13 (2019)
Johnny Hekker	NFC ST POW	Week 5 (2012)
Johnny Hekker	NFC ST POW	Week 10 (2016)
Johnny Hekker	NFC ST POM	December (2016)
Johnny Hekker	NFC ST POW	Week 17 (2019)



Dominating The Division



Under Head Coach Sean McVay, the Rams are 13-5 against NFC West opponents, including a perfect 6-0 against the Arizona Cardinals and have outscored the Cardinals 195-56. L.A. has outscored NFC West foes, 552-352, through McVay's first 18 divisional games. The Rams finished 6-0 in the NFC West during the 2018 season. The last time an NFC West team accomplished the feat was the Cardinals in 2008. It marked the first time the Rams swept the NFC West since 1999.

The Rams are 7-2 in NFC West road contests since the start of the 2017 season, the most recent road win was over the Arizona Cardinals, 34-7, at State Farm Stadium in Week 13. L.A. is 2-1 under McVay at CenturyLink Field. The Rams swept the Seahawks in 2018, marking the first time since 2015 L.A. has swept the Seahawks.

The Rams entered Week 17 of the 2017 season with a two-game lead in the NFC West and an 11-4 record when they decided to rest their starters against the 49ers.

The Rams outscored their divisional opponents, 171-112, during the 2017 season, which was a 59-point differential. It was the highest positive point differential in the division for the Rams since 2001, when the Rams outscored their divisional opponents, 274-160, for a 114-point differential. The 2001 Rams played in a five team division and therefore had eight divisional games that season.

The Rams also posted 30-plus points against all three of their divisional opponents during the 2018 season. The 2002 Rams were previously the last team to accomplish that feat.

Rams NFC West Contests Under Head Coach Sean McVay			
Date	Opponent	Score	Differential
09/21/17	at San Francisco	W, 41-39	+2
10/08/17	vs. Seattle	L, 16-10	-6
10/22/17	vs. Arizona	W, 33-0	+33
12/03/17	at Arizona	W, 32-16	+16
12/17/17	at Seattle	W, 42-7	+35
12/31/17	vs. San Francisco	L, 34-13	-21
9/16/18	vs. Arizona	W, 34-0	+34
10/7/18	at Seattle	W, 33-31	+2
10/21/18	at San Francisco	W, 39-10	+29
11/11/18	vs. Seattle	W, 36-31	+5
12/23/18	at Arizona	W, 31-9	+22
12/30/18	vs. San Francisco	W, 48-32	+16
10/3/19	at Seattle	L, 30-29	-1
10/13/19	vs. San Francisco	L, 20-7	-13
12/1/19	at Arizona	W, 34-7	+27
12/8/19	vs. Seattle	W, 28-12	+16
12/21/19	at San Francisco	L, 34-31	-3
12/29/19	vs. Arizona	W, 31-24	+7
Total		552-352	+200



It's A Hard Knocks Life



HBO Sports, NFL Films and the two Los Angeles-based NFL franchises are teaming up for an unprecedented and unfiltered all-access look at what it takes to make it in the National Football League when **HARD KNOCKS: LOS ANGELES** kicks off its five-episode season this summer. One of the fastest-turnaround programs on TV, the 15th edition of the 18-time Sports Emmy®-winning series debuts **TUESDAY, AUG. 11 (10:00-11:00 p.m. ET/PT)**, with other hour-long episodes of the first sports-based reality series debuting subsequent Tuesdays at the same time, culminating in the Sept. 8 season finale.

HARD KNOCKS will have encore plays Wednesday nights and will be available to stream on HBO via HBO Max and partners' platforms.

In an unprecedented programming move, the 2020 edition of the venerable series will spotlight both Los Angeles NFL teams: The Los Angeles Chargers of the AFC West and the Los Angeles Rams of the NFC West. The two franchises are set to share the spectacular new 70,000-seat SoFi stadium that is nearing completion in Inglewood, California.

The arrival of **HARD KNOCKS** each August is a unique NFL tradition and NFL FILMS and HBO Sports are making plans for an all-new season of the most acclaimed serialized sports series on television.

One of sports television's most successful and enduring partnerships, HBO Sports, NFL Media and NFL Films have reached agreement on a multi-year extension of the **HARD KNOCKS** franchise.



Rams Team Notes



A+ Against the AFC



Through his first 48 games leading the Rams, Head Coach Sean McVay has posted a 10-2 record in regular season action against AFC opponents. L.A. averages 28.3 points per game in the 12 out of conference contests and has an average margin of victory of 7.6 points.

Rams vs. AFC Opponents Since 2017

Game	Week, Year	Outcome
vs. Indianapolis Colts	Week 1, 2017	W, 46-9
at Jacksonville Jaguars	Week 6, 2017	W, 27-17
Houston Texans	Week 10, 2017	W, 33-7
at Tennessee Titans	Week 16, 2017	W, 27-23
at Oakland Raiders	Week 1, 2018	W, 33-13
Los Angeles Chargers	Week 3, 2018	W, 35-23
at Denver Broncos	Week 6, 2018	W, 23-20
Kansas City Chiefs	Week 11, 2018	W, 54-51
at Cleveland Browns	Week 3, 2019	W, 20-13
vs. Cincinnati Bengals (Lon.)	Week 8, 2019	W, 24-10
at Pittsburgh Steelers	Week 10, 2019	L, 17-12
vs. Baltimore Ravens	Week 12, 2019	L, 45-6

Additionally, the Rams average 382.8 yards of offense, including 115 rushing yards and 267.8 passing yards per game.

There have been some memorable games against AFC teams. Following the team's 2017 Week 16 win at Tennessee, the Rams were crowned NFC West Champions, earning the franchise's first playoff berth since the 2004 season.

The Rams-Chiefs Monday Night Football game during the 2018 NFL Season was the highest scoring game in the history of Monday Night Football.



That's My Coach



Head Coach Sean McVay's record through the first three seasons (48 regular season games) of his coaching tenure is amongst the best start of all head coaches hired since 2000.

McVay is 33-15 through his first 48 regular season games as a head coach. McVay is tied for the third-most wins of any head coach hired since 2000. Former 49ers Head Coach Jim Harbaugh had 36 wins through his first 48 games leading the franchise.

Most Wins as Head Coach Through First 48 Games since 2000

Coach, Team	W-L	Win %
1. Jim Harbaugh	36-11-1	.760
2. Bruce Arians	34-14	.708
3t. Sean McVay	33-15	.688
3t. Mike Sherman	33-15	.688
3t. Chuck Pagano	33-15	.688
3t. Mike Smith	33-15	.688



Coach 'Em Up



Rams Head Coach Sean McVay took over a team that was coming off of a 4-12 season and ranked 32nd in scoring, helped transform it into the No. 1 scoring team in the league and helped secure the franchise's first NFC West title since 2003.



HC Sean McVay

Due to his excellent first season and his instrumental part in revamping the Rams offense, McVay was chosen as the Associated Press Coach of the Year for 2017. He is the fourth head coach in franchise history to achieve this honor.

The last Rams head coach to win the award was Dick Vermeil in 1999.

Vermeil helped guide the Rams to a 13-3 record, winning the NFC West and culminating with the franchise's lone Super Bowl victory over the Titans, 23-16, in Super Bowl XXXIV. Chuck Knox was the only other rookie head coach in franchise history to win the award.

McVay became the youngest coach in NFL history to win the Associated Press Coach of the Year award. McVay was 31 years old during the team's final game of the season. Previously, Don Shula (34 years old) was the youngest coach to win the award.

Youngest Coaches to Win AP Coach of the Year

Coach, Year, Team	Age
1. Sean McVay, 2017, LA	31
2. Don Shula, 1964, Baltimore Colts	34

McVay became the seventh active head coach to win the Associated Press Coach of the Year Award. McVay is 4-1 against the coaches on this list. The Rams defeated Jason Garrett and the Cowboys, 35-30 in Week 4 and they defeated Sean Payton and the Saints, 26-20 in Week 12.

Active AP Coach of the Year Winners

Coach, Team Won With	Year(s) won AP Award
Kyle Shanahan, SF	2019
Matt Nagy, Chi	2018
Sean McVay, LA	2017
Jason Garrett, Dal	2016
Ron Rivera, Car	2015 & 2013
Bill Belichick, NE	2010, 2007 & 2003
Marvin Lewis, Cin	2009
Sean Payton, NO	2006
Andy Reid, Phi	2002

Following his second season with L.A., McVay led the Rams to Super Bowl LIII, becoming the youngest head coach in Super Bowl history (33 years old) to guide his team to a World Championship appearance.



Rams Offensive Team Notes



Frequently Finding First Downs



The Rams continued their first down dominance in the 2019 season. Dating back to the 2018 regular season, L.A. tallied more first downs than its opponents in 15 of its last 22 games. The team has a margin of +48 over the span.

Rams First Down Total Margin	
Week (Opponent)	LA 1st Down Margin
Week 17, 2019 (ARI)	+3
Week 16, 2019 (SF)	+5
Week 15, 2019 (DAL)	-2
Week 14, 2019 (SEA)	+10
Week 13, 2019 (ARI)	+14
Week 12, 2019 (BAL)	-17
Week 11, 2019 (CHI)	-4
Week 10, 2019 (PIT)	+1
Week 8, 2019 (CIN)	-5
Week 7, 2019 (ATL)	+9
Week 6, 2019 (SF)	-12
Week 5, 2019 (SEA)	-1
Week 4, 2019 (TB)	+9
Week 3, 2019 (CLE)	+2
Week 2, 2019 (NO)	+5
Week 1, 2019 (CAR)	+1
Week 17, 2018 (SF)	+6
Week 16, 2018 (ARI)	+18
Week 15, 2018 (PHI)	+6
Week 14, 2018 (CHI)	-3
Week 13, 2018 (DET)	+1
Week 11, 2018 (KC)	+2
Total	+48



In It For The Long Haul



In its Week 14 win over Seattle, L.A.'s offense tallied 26 first downs, including seven on a 6 minute, 29 second drive that led to a touchdown reception from WR Robert Woods.

The seven first downs was L.A.'s most in a single drive this season, eclipsing its total of six first downs on eight different offensive drives this season.

Rams Drives With Six-Plus First Downs		
Week, Opponent	First Downs	Drive Result
Week 1, Carolina	6	TD
Week 2, New Orleans	6	TD
Week 3, Tampa Bay	6	TD
Week 3, Tampa Bay	6	TD
Week 12, Baltimore	6	FG
Week 13, Arizona	6	TD
Week 14, Seattle	7	TD
Week 15, Dallas	6	TD
Week 16, San Francisco	6	TD



Fast And Furious



L.A.'s offense has been one of the best in no-huddle situations since Head Coach Sean McVay took over in 2017. The team has scored 153 offensive points in no-huddle situations. The point total is the highest in the league.

Offensive Points in No-Huddle Situations Since 2017	
Team	Total Offensive Points
1. Los Angeles Rams	153
2. New York Giants	126
3. Tennessee Titans	111
4. Pittsburgh Steelers	81
5t. Detroit Lions	78
5t. Arizona Cardinals	78
5t. Dallas Cowboys	78



The Longest Yard



WR Cooper Kupp

Since McVay took over before the 2017 season, the Rams offense has been amongst the most productive in the league. L.A. averages 398.0 scrimmage yards per game under the guidance of McVay. The Rams are one of only three teams to average at least 395 scrimmage yards over the last 48 regular season games.

This season, the Rams had a 549-yard outing in Week 13, a 518-yard outing in Week 4 and a 477-yard outing in Week 5.

During the 2018 regular season, the Los Angeles Rams finished second in the league in scrimmage yards (6,961). The Rams also finished second in the league in scrimmage yards per game (435.1).

The Rams offense amassed over 500 yards of offense in consecutive weeks (Weeks 3-4, 2018), including 556 yards in the team's Week 4 win over the Vikings, in which they averaged over 10 yards per play.

2017-Present Scrimmage Yard Per Game Leaders			
Team	Scrim. Yards	Yards/Touch	Yards/Game
1. Tampa Bay Bucs	19,586	8.3	408.0
2. Kansas City Chiefs	19,469	8.5	405.6
3. Los Angeles Rams	19,105	8.0	398.0
4. Atlanta Falcons	18,925	8.0	394.3
5. New England Patriots	18,806	7.5	391.8



Rams Offensive Team Notes



Third's The Word



L.A. was one of the league's best offenses when starting drives to open the second half. The Rams posted 485 yards on drives opening the third quarter, second to only the Baltimore Ravens.

Total Yards on Drives Starting the Third Quarter

Team	Total Yards
1. Baltimore Ravens	520
2. Los Angeles Rams	485
3. New Orleans Saints	483

L.A. led the league in net passing yards while tied for fifth in total points.

Net Passing Yards on Drives Starting the Third Quarter

Team	Net Passing Yards
1. Los Angeles Rams	396
2. San Francisco 49ers	317
3. New Orleans Saints	314

Total Points on Drives Starting the Third Quarter

Team	Total Points
1. New Orleans Saints	42
2t. Baltimore Ravens	38
3. Chicago Bears	37
4. San Francisco 49ers	35
5t. Los Angeles Rams	35
5t. Philadelphia Eagles	34



Offensive Explosion



Under Head Coach Sean McVay, the Rams have shown a knack for creating explosive plays in all phases of the game.

During the 2018 regular season, L.A. recorded 115 explosive plays, an average of over seven per game. During the 2017 regular season, the Rams tallied 105 total explosive plays, 30 of which came during the second quarter of play - the most in any single quarter two seasons ago.

**Explosive plays are defined as 20-plus yard passes, rushes, receptions or returns.*

Rams 2018-2019 Explosive Plays (by Player)

Pos. Player	Explosive Plays
QB Jared Goff	145
WR Robert Woods	37
WR Cooper Kupp	31
WR Josh Reynolds	14
TE Tyler Higbee	14
TE Gerald Everett	10
OLB Samson Ebukam	1
S John Johnson III	1
RB Darrell Henderson Jr.	1
P Johnny Hekker	1
S Nick Scott	1
S Taylor Rapp	1

Rams 2018-2019 Explosive Plays (by Quarter)

Player, Team	Explosive Plays
First Quarter	44
Second Quarter	52
Third Quarter	63
Fourth Quarter	45
Total	204





Jared Goff Notes



No. 1 Of The No. 1s



Rams QB Jared Goff has been consistently excellent against fellow No. 1 selected quarterbacks throughout his career, posting a 8-2 record. Goff had won six-consecutive games against No. 1 selected QBs before L.A.'s Week 4 contest where he still managed to throw for a career high 517 yards.

Jared Goff Career Record vs. No. 1 Overall Picks

Date (Opponent)	Result	Opposing QB (Draft Year)
Dec. 29, 2019 (Ari)	W 31-24	Kyler Murray (2019)
Dec. 1, 2019 (Ari)	W 34-7	Kyler Murray (2019)
Sept. 29, 2019 (TB)	L, 55-40	Jameis Winston (2015)
Sept. 22, 2019 (CLE)	W, 20-13	Baker Mayfield (2018)
Sept. 8, 2019 (CAR)	W, 30-27	Cam Newton (2011)
Dec. 2, 2018 (DET)	W, 30-16	Matt Stafford (2009)
Sep. 16, 2018 (ARI)	W, 34-0	Sam Bradford (2010)
Nov. 5, 2017 (NYG)	W, 51-17	Eli Manning (2004)
Oct. 22, 2017 (ARI)	W, 33-0	Carson Palmer (2003)
Jan. 1, 2017 (ARI)	L, 44-6	Carson Palmer (2003)

Goff also has the highest winning percentage against other top-selected QBs who have been active since Goff's rookie season in 2016, posting an .750 winning percentage.

Winning Percentage vs. Fellow No. 1 Overall Picks Since 2016 (Min. 5 starts)

Quarterback (Draft Year)	Winning Percentage
1. Jared Goff (2016)	.800
2. Andrew Luck (2012)	.615
3. Cam Newton (2011)	.560
4. Alex Smith (2005)	.554
5. Matthew Stafford (2009)	.480

Goff's numbers are also impressive historically, owning the highest all-time winning percentage vs. fellow No. 1 overall picked quarterbacks.

All-Time Winning Percentage vs. Fellow No. 1 Overall Picks (Min. 5 starts)

Quarterback (Draft Year)	Winning Percentage
1. Terry Bradshaw (1970)	.833
2. Jared Goff (2016)	.800
3. Peyton Manning (1998)	.760
4. John Elway (1983)	.750
5. Andrew Luck (2012)	.615



Top Gun Quarterback



QB Jared Goff

Rams QB Jared Goff has been amongst the best passers in the league since McVay took over in 2017. The Cal product is one of three QBs to throw for over 13,000 yards since the start of the 2017 season. Goff's 13,130 yards are the third-most in the NFL during that time frame.

Goff threw for 517 yards in a 2019 Week 4 loss to Tampa Bay. It marked only the third time in franchise history a passer has thrown for over 500 yards in a single game. The fourth-year pro currently finished fourth in the NFL during the 2019 season with 4,638 yards through the air.

Since 2017, Goff has completed 1,054-of-1,664 passing attempts for 13,130 passing yards, 82 touchdowns and a 95.4 QB rating.

In a 2019 Week 13 win over Arizona, Goff finished with a passer rating of 120.7 and 424 passing yards. It was the second time in his career Goff had a passer rating of 120 and over 400 passing yards, previously doing so in a 2018 Week 4 victory over the Minnesota Vikings where the gunslinger tossed for 465 yards and a quarterback rating of 158.3. Goff became just the fourth quarterback in NFL history to reach both marks twice in their first four seasons, joining Ken O'Brien, Hall of Famer Dan Marino and Peyton Manning.

2017-Present NFL Passing Leaders Sorted by Passing Yards

Player, Team	Comp/Att.	Yards	TDs	QB Rating
1. Matt Ryan, Atl	1,172/1,753	13,485	81	97.4
2. Philip Rivers, LAC	1,097/1,674	13,438	83	96.2
3. Jared Goff, LA	1,054/1,664	13,130	82	95.4
4. Tom Brady, NE	1,131/1,764	12,989	85	96.0
5. Dak Prescott, Dal	1,052/1,612	12,111	74	94.8



Mr. 10k



Following his 283-yard passing performance in L.A.'s Week 2 win over New Orleans, Rams QB Jared Goff eclipsed the 10,000-yard passing threshold. Goff reached the mark in his first 40 starts, becoming the third Rams quarterback to do so.

Rams QBs With 10,000+ Passing Yards in First 40 Starts Since 1950

Quarterback	Yards
1. Kurt Warner	11,765
2. Marc Bulger	10,947
3. Jared Goff	10,050



Goff/Offensive Line Notes



Lining Them Up



An emphasis of Run Game Coordinator Aaron Kromer is cross training offensive linemen to play multiple positions across the line, an emphasis that benefitted the Rams in 2019 as rookie OL David Edwards, a tackle in college, made his first NFL start at left guard in a Week 7 win at Atlanta and at right guard in Week 10. OL Austin Blythe started at his third different position of the season in Week 11 when he anchored the center position for the Rams. After re-shuffling the line, L.A. didn't allow a sack in three-of-four games spanning Weeks 7-11 this season. The front then did so again in a Week 14 victory over Seattle and then once more in week 16 at San Francisco.



T Andrew Whitworth

L.A.'s streak of consistent line play ended in a Week 3 win at Cleveland when OL Jamil Demby was thrust into a starter role for an injured OL Austin Blythe. Blythe returned the following week at home against Tampa Bay. Demby then filled in for the injured OL Joe Noteboom in a Week 6 game he exited with an injury.

During the 2018 season, the Rams were the only team in the league to use the same five offensive linemen for every game that season. During that campaign, L.A. allowed 33 sacks, tied for the eighth-fewest sacks allowed during the regular season. Of L.A.'s 1,100 offensive snaps during the 2018 regular season, all five starters played at least 90 percent of the time while two - Austin Blythe and Rob Havenstein - played every regular season snap.

In 2017, four Rams offensive linemen cracked the top-10 for the most total snaps played by a lineman in a single season in franchise history.



Thou Shall Not Sack



In six separate games this year, L.A.'s offensive line did not allowed QB Jared Goff to be sacked, including both contests against its NFC West foe, the Seattle Seahawks and once against the San Francisco 49ers.

2019 Games Without Allowing A Sack

Week, Opponent	Result
Week 5, Seattle	L, 30-29
Week 7, Atlanta	W, 37-10
Week 8, Cincinnati	W, 24-10
Week 11, Chicago	W, 17-7
Week 14, Seattle	W, 28-12
Week 16, San Francisco	L, 34-31

Since sacks became an official statistic in 1960, this was the first season in franchise history the Rams had six games without allowing a sack.

2010-2019: Games Without Allowing A Sack

Season	Games Without A Sack
2019	6
2018	2
2017	2
2016	0
2015	4
2014	2
2013	4
2012	2
2011	0
2010	1



Going Goff In The Scoring Column



QB Jared Goff

QB Jared Goff has found his favorite redzone target in WR Cooper Kupp. The duo has combined for 21 touchdown strikes in only 39 games played together.

Goff's first touchdown pass of the 2019 campaign was caught by TE Tyler Higbee, the fifth touchdown from Goff to Higbee. In a Week 3 win at Cleveland, Kupp emerged as Goff's most frequented touchdown recipient, connecting on their 12th and 13th touchdowns of their young careers. During the 2019 season, 10-of-22 of Goff's touchdowns were caught by Kupp.

Goff became the first player in league history to pass for at least 350 yards while completing at least 75 percent of his passes in three consecutive games, capped off with one of the best performances by a quarterback in league history in the team's 2018 Week 4 win over the Minnesota Vikings.

Against the Vikings last season, Goff established career highs in passing yards (465), passing touchdowns (5) and quarterback rating (158.3). Goff attempted 33 passes, which is the most pass attempts by a QB with a perfect rating in NFL history.

During the 2018 regular season, Goff was amongst the best in the league in passing yards (4,688, 4th), yards per attempt (8.4, 4th) and QB rating (101.1, 8th). His 32 passing touchdowns were tied for the sixth-most with Drew Brees and Philip Rivers.

In his first road start of his sophomore campaign, a Thursday Night game at San Francisco, the Cal product had what was then his most efficient day in the NFL, completing 22-of-28 passing attempts (79 percent) for 292 yards, three touchdowns and no interceptions with a 145.8 QB rating, earning his first road victory.

Goff threw three touchdowns in the first half of his first-career road start as a rookie in a Week 12 matchup with the New Orleans Saints in 2016, becoming the third rookie to throw three touchdowns in their first-career road start over the past 20 years.

Jared Goff Career TD Passes by Receiver

Receiver	TD Passes
WR Cooper Kupp	22
WR Robert Woods	13
RB Todd Gurley II	12
WR Sammy Watkins	8
TE Gerald Everett	7
WR Josh Reynolds	7
WR Brandin Cooks	7
WR Tyler Higbee	7
WR Kenny Britt	2
RB Malcolm Brown	1
WR Tavon Austin	1
TE Lance Kendricks	1
Total	87



Receiver Notes



Slot(ta) Success



WR Cooper Kupp was one of the league's best slot receivers in the 2019 campaign, leading in receiving yards while sitting second in receptions and targets.

2019 Slot Receiver Total Receiving Yards

Player, Team	Total Yards
1. Cooper Kupp, LA	783
2. Julian Edelman, NE	739
3. Tyler Lockett, Sea	731
4. Randall Cobb, GB	716
5. Chris Godwin, TB	677

2019 Slot Receiver Total Targets

Player, Team	Targets
1. Julian Edelman, NE	105
2. Cooper Kupp, LA	93
3. Larry Fitzgerald, Ari	90
4. Jamison Crowder, Was	87
5. Tyler Boyd, Cin	81

2019 Slot Receiver Receptions

Player, Team	Receptions
1. Julian Edelman, NE	69
2. Cooper Kupp, LA	62
3. Larry Fitzgerald, Ari	59
4. Jamison Crowder, NYJ	54
5. Michael Thomas, NO	53

2019 Slot Receiver Touchdowns

Player, Team	Touchdowns
1t. Mecole Hardman, KC	6
1t. Marquise Brown, Bal	6
1t. Tyler Lockett, Sea	6
4t. Cooper Kupp, LA	5



Going Back-To-Back



WR Robert Woods finished L.A.'s Week 16 contest with 117 receiving yards, pushing him past the 1,000 receiving yard threshold for the second-consecutive season.

In doing so, Woods became the first Rams receiver to post consecutive 1,000-yard seasons since WR Torry Holt finished a run of eight straight seasons from 2000-2007. Woods is the sixth receiver in franchise history to post consecutive 1,000-yard seasons.

Rams Receivers With Consecutive 1,000-Yard Seasons

Player	Seasons	Years
1. Torry Holt	8	2000-2007
2t. Isaac Bruce	4	1999-2002
2t. Henry Ellard	4	1988-1991
4t. Robert Woods	2	2018-2019
4t. Isaac Bruce	2	1995-1996
4t. Flipper Anderson	2	1989-1990
4t. Tom Fears	2	1949-1950



At the Top Of His Class



Rams WR Cooper Kupp has been one of the best receivers drafted in the 2017 NFL Draft, tying for the most receptions per game (5.0) and second-most receiving yards per game total (66.6). Kupp trails JuJu Smith-Schuster in both categories.

Kupp is also amongst the league's best receivers in draft classes since 2017, ranking second in receptions per game (5.0) and receiving yards per game (66.6), first in touchdowns (21) and fourth in receiving yards (2,596).

Receptions Per Game by Players Drafted Since 2017

Player, Team	Rec./Game
1t. JuJu Smith-Schuster, Pit	5.0
1t. Cooper Kupp, LA	5.0
3. D.J. Moore, Car	4.6

Receiving TDs by Players Drafted Since 2017

Player, Team	Receiving TDs
1t. Cooper Kupp, LA	21
1t. Kenny Golladay, Det	19
3t. JuJu Smith-Schuster, Pit	17
3t. Chris Godwin, TB	17
3t. Calvin Ridley, Atl	17



Lucky Number 13



WR Robert Woods frequently hauled in multiple receptions in 2019, ending the season as the only wide receiver with 13-plus receptions in multiple games.

WR With 13-Plus Receptions in 2019

Player, Team	Week	Receptions
1. Jamison Crowder, Was	1	14
2. Will Fuller, Hou	5	14
3t. Robert Woods, LA	13	13
3t. Robert Woods, LA	4	13
3t. Tyler Lockett, Sea	9	13
3t. Keenan Allen, LAC	3	13
3t. Michael Thomas, NO	10	13
3t. Julio Jones, Atl	15	13
3t. Davante Adams, GB	16	13





Receiver/Tight End Notes



Running Through The Woods



WR Robert Woods isn't only good at catching, but also rushing. Amongst all wide receivers since 2017, Woods (284) ranks third in rushing yards. Since 2017, Woods has carried the ball 38 times, amassed 284 yards on the ground, averages 7.5 yards per rushing attempt and is one of only five wide receivers with multiple rushing touchdowns in that time frame.

In the 2019 Week 1 win over the Carolina Panthers, Woods recorded 16 rushing yards on two carries (8.0 yards/rush) with a 20-yard scamper as a longest rush. This season he ranks third amongst receivers in the NFL with 115 rushing yards on 17 carries in 2019.

Woods had 19 rushing attempts for 157 yards and averaged 8.3 yards per rushing attempt during the 2018 season. The former Trojan recorded a 56-yard rushing attempt in a Week 5 win over the Seahawks and a 4-yard rushing touchdown in a Week 16 win over the Cardinals.

Most Rushing Yards by Receiver 2017-Present

Player, Team	Rushing Yards
1. Cordarrelle Patterson, Oak/NE/Chi	452
2. Tavon Austin, LA/Dal	372
3. Robert Woods, LA	284
4. Curtis Samuel, Car	278
5. Tyreek Hill, KC	233



Dynamic Duo



The Rams ended the 2019 season as one of three teams with multiple wide receivers amassing over 1,000 receiving yards on the year. Cooper Kupp (1,161) and Robert Woods (1,134) join tandems from the Buccaneers (Evans, Godwin) and Cowboys (Cooper, Gallup) in doing so.

After having a pair of receivers with over 1,000 receiving yards in the 2018 season (Woods, Cooks), the Rams have consecutive seasons with multiple 1,000-yard receivers since a run of four-consecutive seasons from 1999-02.

Rams WR With 1,100+ Receiving Yards

Player	Catches	Rec. Yards
1. Cooper Kupp	94	1,161
2. Robert Woods	90	1,134



Streaking Receivers



TE Tyler Higbee made his presence known for the Rams towards the end of the 2019 season. He posted four-straight 100-plus yard receiving games in Weeks 13-16, the first four triple digit receiving outputs of his career.

WR Cooper Kupp recorded at least 100 yards receiving in four of the Rams' first five games of the 2019 season. Kupp's four-game streak is tied for the fourth-longest streak in franchise history. Kupp's 1,062 receiving yards currently ranked 17th in the NFL during the 2019 season.

During the 2018 season, WR Brandin Cooks posted at least 100 yards receiving in three straight games, from Weeks 9-11 in 2018, which is tied for the sixth-longest 100-yard game streak in franchise history. Isaac Bruce had 100-yard game streaks of four and six in his Rams tenure.

Most Consecutive 100-Yard Games in Franchise History

Player	Streak	Year
1. Isaac Bruce	6 games	1995
2t. Elroy Hirsch	5 games	1951
2t. Bob Boyd	5 games	1954
4t. Tyler Higbee	4 games	2019
4t. Cooper Kupp	4 games	2019
4t. Isaac Bruce	4 games	2004
7t. Brandin Cooks	3 games	2018
7t. Torry Holt	3 games	2003
7t. Torry Holt	3 games	2000
7t. Torry Holt	3 games	2000 (spanned two seasons)



They're A Screen Maching



Wide receiver screens have been an integral part of L.A.'s offense since Head Coach Sean McVay took over in 2017. Since the beginning of the 2017 campaign, L.A. has two wide receivers who are amongst the league's best when catching screen passes. WR Robert Woods has tallied a league-high 341 yards on screens.

Receiving Yards on WR Screens: 2017-2019

Player, Team	Receiving Yards
1. Robert Woods, LA	341
2. Golden Tate, Det/NYG	335
3. Davante Adams, GB	280
4. Brandin Cooks, NE/LA	229
5. Adam Humphries, TB/Ten	225

Woods has also scored a pair of touchdowns on screen plays since the beginning of the 2017 season, tying him for the second-most in the league.

Receiving TD on WR Screens: 2017-2019

Player, Team	Receiving TD
1. Antonio Brown, Pit/NE	4
2t. Robert Woods, LA	2

Additionally, Woods' 173 receiving yards on screen passes this season was the highest single-season total by any receiver over the last three seasons.



Receiver/Tight End Notes



Busy As A (Hig)bee



TE Tyler Higbee became the first tight end since the 1970 NFL merger to have four-consecutive games of seven-plus catches for 100-plus yards. Only three other tight ends (Travis Kelce, Jimmy Graham, Tony Gonzalez) have had a streak of four-consecutive games with 100-plus yards.

Higbee also set a single-season franchise record for receptions by a tight end with 69, passing Pete Holohan's 1988 total of 59 receptions.



TE Tyler Higbee

TE With Four-Consecutive 100-Plus Yard Receiving Games in a Single Season

Player, Team	Season	Streak
Tyler Higbee, LA	2019	4
Travis Kelce, KC	2016	4
Jimmy Graham, NO	2013	4
Jimmy Graham, NO	2011	4
Tony Gonzalez, KC	2000	4



Stairway to Seven



In L.A.'s Week 13 victory over Arizona, WR Robert Woods set the tone for the Rams offense with seven receptions in the first quarter. The total was the most by any receiver in the first quarter of a game this season.

2019 Total Receptions in First Quarter

Player, Team	Week	1st Quarter Receptions
1. Robert Woods, LA	13	7
2t. Davante Adams, GB	4	6
2t. Michael Thomas, NO	12	6
4t. Jamison Crowder, NYJ	9	5
4t. Tyler Boyd, Cin	1	5
4t. Julian Edelman, NE	7	5
4t. Albert Wilson, Mia	16	5
4t. Allen Robinson, Chi	17	5





Rams Defensive Team Notes



In The (Red) Zone



L.A.'s defensive backfield proved tough under pressure this season, performing well on plays inside L.A.'s red zone. When backed up inside its own 20-yard line, L.A. was amongst the league's best in interceptions and passes defended, tied for fifth in interceptions and tied for third in passes defended.

Defensive Interceptions Inside Red Zone	
Team	Defensive INT
1t. Green Bay Packers	4
1t. Kansas City Chiefs	4
3t. New England Patriots	3
3t. Denver Broncos	3
5t. Los Angeles Rams	2

Passes Defended Inside Red Zone	
Team	Passes Defended
1. Tampa Bay Buccaneers	19
2. Green Bay Packers	16
3t. Los Angeles Rams	15
3t. Philadelphia Eagles	15
4t. Four Teams With	14

CB Nickell Robey-Coleman led the Rams with three passes defended in the red zone this season, while LB Clay Matthews and CB Troy Hill each recorded two.



Can't Catch This



Since Head Coach Sean McVay took over the franchise in 2017, the team ranks fourth in passes defended in the NFL with 240. The Rams 76 passes defended during the 2019 season was the eighth-most.

Most Passes Defended Since 2017	
Team	Passes Defended
1. New Orleans Saints	249
2. Baltimore Ravens	243
3. Philadelphia Eagles	242
4. Los Angeles Rams	240
5. Buffalo Bills	238



Ready Rookies



Rookies Taylor Rapp and Troy Reeder made immediate impacts on L.A.'s defense in their first professional seasons. Rapp tallied 99 total tackles this season while Reeder added 53. L.A. was one of only four teams in the league to have multiple rookies with 50-plus tackles this season.

Teams With Multiple Rookies Recording 50-Plus Tackles	
Team	Players (Tackles)
Los Angeles Rams	T. Rapp (99), T. Reeder (53)
Indianapolis Colts	K. Willis (71), R. Ya-Sin (61), B. Okereke (58)
Arizona Cardinals	B. Murphy (78), J. Thompson (56)
Miami Dolphins	C. Wilkins (56), N. Needham (54)
Washington Redskins	C. Holcomb (101), M. Sweat (50)



Stopping On A Dime



L.A.'s dime defensive personnel (six defensive backs) was a productive unit for the team in 2019. When in dime personnel, L.A.'s defense led the league in sacks (34.0), passes defended (46), tackles for loss (39) and is second in total tackles (355).

Sacks in Dime Personnel	
Team	Sacks
1. Los Angeles Rams	34.0
2. Green Bay Packers	30.0
3. Tennessee Titans	25.0

Passes Defended in Dime Personnel	
Team	Passes Defended
1. Los Angeles Rams	46
2. New England Patriots	41
3. Green Bay Packers	40

Total Tackles in Dime Personnel	
Team	Total Tackles
1. Green Bay Packers	406
2. Los Angeles Rams	355
3. Kansas City Chiefs	267

Tackles For Loss in Dime Personnel	
Team	Tackles For Loss
1t. Los Angeles Rams	39
1t. Green Bay Packers	39
3. Kansas City Chiefs	28



Taking It To The Crib



The Rams' 49 interceptions rank second in the league since the start of the 2017 season. The Rams have taken the team's 49 picks and returned them a league-best 828 yards. L.A. is one of two teams in the league with at least eight interceptions returned for a touchdown since Head Coach Sean McVay began his head coaching tenure.

Most Interception Returned for TDs Since 2017		
Team	INTs	TDs
1t. Los Angeles Rams	49	8
1t. Chicago Bears	45	8
3. Houston Texans	38	7
4t. Cincinnati Bengals	34	6
4t. New York Giants	39	6
4t. New York Jets	36	6
4t. Seattle Seahawks	42	6





Rams Defensive Team Notes



Take It Away and Make Them Pay



L.A. recorded 24 takeaways during the 2019 season and scored 78 points off of those takeaways, adding to the league-leading points off takeaways under Head Coach Sean McVay.

The Rams have taken the ball from their opponents 82 times since the start of the 2017 season and scored 314 points off takeaways since McVay became the head coach, the most in the league since the start of the 2017 season. Last season, L.A. took the ball away from their opponents 30 times, the third-most in the NFL. L.A. scored a league-best 113 points off takeaways during the 2018 regular season.



CB Jalen Ramsey

Not only did the Rams take the ball away, they made their opponents pay for turning the ball over. L.A. finished the 2017 regular season ranked fifth in the league in total takeaways with 28. The Rams scored 126 points off of turnovers, the second-best total created by the defensive unit in 2017 and 26.4 percent of the team's points last season came following a takeaway, which was the fourth-highest percentage in the NFL.

Most Points Off Takeaways from 2017-Present

Team	Points Off Takeaways
1. Los Angeles Rams	314
2. Baltimore Ravens	305
3. Tampa Bay Buccaneers	272
4. Houston Texans	253
5. Pittsburgh Steelers	249



Taking It To The Crib



S John Johnson III celebrating an interception in Week 2

L.A.'s defense has gotten into the habit of setting the tone early in games, holding opponents to three points or fewer in the first quarter of seven-consecutive regular seasons contests during a stretch of games between 2018 and 2019. The Rams had not accomplished the feat since a stretch of 10 games between the 2014 and 2015 seasons. In those seven games, the defense forced four turnovers on their opponents' opening drive of the game, including in three straight outings.

L.A. forced turnovers on the opening defensive drives against Carolina (Week 1) and New Orleans (Week 2), becoming the first team to do so in their first two games of the season since the

Jets in 2015. L.A. also did so against Pittsburgh in Week 10, as OLB Dante Fowler Jr. recovered a mishandled snap and took it 26 yards for a touchdown.

L.A. Forced Turnovers on Opening Drive of Game in 2019

Opponent, Week	Caused Turnover, Player
Pittsburgh, Week 10	Fumble, D. Fowler Jr.
Seattle, Week 5	Fumble, N. Robey-Coleman
New Orleans, Week 2	INT, J. Johnson
Carolina, Week 1	Fumble, C. Littleton



First Quarter Focus



The Rams had an eight-game regular season streak where the team had not allowed more than three points in the first quarter of the game. The streak was L.A.'s longest since a 10-game run that spanned from Week 6 to Week 15 of the 2014 season.

Opponent First Quarter Point Total

Week, Team	1st Quarter Points
2019 Week 3, Cleveland	0
2019 Week 2, New Orleans	0
2019 Week 1, Carolina	0
2018 Week 17, San Francisco	3
2018 Week 16, Arizona	3
2018 Week 15, Philadelphia	3
2018 Week 14, Chicago	3
2018 Week 13, Detroit	0



Forcing Fumbles



Rams defenders forcing a fumble

The Los Angeles Rams forced two fumbles against the Carolina Panthers in the 2019 season opener and finished tied for 13th in the NFL in forced fumbles (13) this season, continuing a trend by Rams defenses.

In his Rams debut, CB Jalen Ramsey added to the team's forced fumble total. Ramsey finished the game with four solo tackles and one force fumble.

The Rams forced 12 fumbles during the 2018 season, which was tied for the 14th-most last season. As a team, the Rams have forced 114 fumbles since 2012. The 114 forced fumbles is tied for the sixth-best total in the NFL

during that span.

The Rams defense forced 17 fumbles in 2017. The 17 forced fumbles were tied for the most in the league with the Jacksonville Jaguars in 2017.

Team Forced Fumble Totals, 2012-Present

Team	Forced Fumbles
1. New England Patriots	121
2. Washington Redskins	119
3. Seattle Seahawks	118
4. Tampa Bay Buccaneers	117
5. Carolina Panthers	116
6. Los Angeles Rams	115
7. Arizona Cardinals	114



Keep Your Enemies Close



In L.A.'s Week 11 win over Chicago, the Rams' defense did not allow Chicago to gain more than 20 yards on a single play. It was the fifth time in the last decade a Rams team had accomplished the feat, most recently taking place in a Week 2 outing against the Arizona Cardinals, where Arizona's longest play was a 15-yard completion to WR Larry Fitzgerald from QB Sam Bradford. L.A. went on to win the game, 34-0.

Opposing Offenses Longest Play Less Than 20 Yards Since 2009

Opponent	Week, Year	Longest Play
Chicago Bears	Week 11, 2019	19 yards
Arizona Cardinals	Week 2, 2018	15 yards
Detroit Lions	Week 14, 2015	18 yards
Oakland Raiders	Week 13, 2014	18 yards
Seattle Seahawks	Week 4, 2012	18 yards



Rams Defensive Line Notes



Brockers Bringing It



DL Michael Brockers recorded his first sack of the 2019 season, the 21st of his career in a Week 2 win over the New Orleans Saints.

The LSU product finished fourth on the team during the 2019 campaign with 63 total tackles, the most amongst all Rams defensive linemen, his second-straight year leading the defensive line in tackles.

Brockers recorded the Rams' first sack of the 2018 campaign, bringing down Raiders QB Derek Carr for a three-yard loss. Brockers has the third-most tackles of all Rams defensive linemen and finished seventh on the team during the 2018 regular season with 54 total tackles (33 solo).



DL Michael Brockers

Brockers led the Rams defensive line with 65 total tackles during the 2017 season, the fifth-most on the team. The LSU product also added eight TFL, 4.5 sacks, eight QB hits and four PDs in 2017.

In 2016, he recorded the second-most tackles on the team by an interior defensive lineman (58). His 58 total tackles ranked eighth on the team two seasons ago. In 2016, the LSU product tallied seven quarterback pressures and four quarterback hits despite missing two games in the middle of the season.

Brockers finished the 2015 season with career highs in tackles (74) and tackles for loss (12). His tackle for loss total was tied for third among all Rams.

Brockers has posted 43 TFL, 52 QB hits, 23.0 sacks, nine PDs, forced two fumbles and recovered one fumble appearing in 123 games with 121 starts through his eighth regular season in the National Football League.



Let Me Tell You 'Bout My Best Friend



With 2.5 sacks in a Week 16 contest, OLB Dante Fowler Jr. became the second Ram to total double-digit sacks during the 2019 season, joining DL Aaron Donald. 2019 is the first time in eight seasons the Rams have had multiple players with double digit sacks. The last instance came in 2012, when Chris Long (11.5) and Robert Quinn (10.5) accomplished the feat.

Seasons With Multiple Players Recording 10.0-Plus Sacks Season Players (Sacks)

2019	A. Donald (12.5), Dante Fowler Jr. (11.5)
2012	C. Long (11.5), R. Quinn (10.5)
2000	G. Wistrom (11.0), K. Carter (10.5)
1988	K. Greene (16.5), G. Jeter (11.5)
1985	M. Wilcher (12.5), G. Jeter (11.0)



Talking Tackles For Loss



Rams DL Aaron Donald has used an explosive first step to make a living in opponents' backfields since entering the league in 2014. Since the start of the 2014 season, Donald leads the league in tackles for loss, tallying 117 in 94 games played.

Donald recorded a league-best 20 tackles for loss during the 2019 season. The Pitt product finished first in the NFL with 25 tackles for loss during the 2018 regular season. Donald posted 15 TFL in 14 games during the 2017 season. The 15 TFL was tied for the ninth-most last season and the most by an interior defensive lineman. Donald recorded a then career-high 22 tackles for loss in his second season in the NFL in 2015.



DT Aaron Donald

2014-Present NFL Leaders - Most Tackles for Loss Player, Team

	TFL
1. Aaron Donald, LA	117
2. Cameron Jordan, NO	90
3. Michael Bennett, Sea/Phi/Dal	89
4. Calais Campbell, Jax	88
5. Khalil Mack, Oak/Chi	86
6. J.J. Watt, Hou	84



Five For 500



After recording 1.5 sacks for a loss of eight yards in a Week 13 win over Arizona, DT Aaron Donald eclipsed the 500.0 defensive sack yard milestone. In doing so, Donald became the fifth defensive lineman since 2000 to accomplish the feat.

Defensive Linemen With 500-Plus Defensive Sack Yards Since 2000

Player	Defensive Sack Yards
1. Elvis Dumervil	683.5
2. Justin Smith	609.5
3. Calais Campbell	614.5
4. Aaron Donald	529.5
5. Geno Atkins	507.5



Push 'Em Back, All (The) Time



In 2018, DL Aaron Donald broke former Giants DE Michael Strahan's NFL record for total defensive sack yards in a single season. With Donald's 20.5 sacks, the All-Pro defensive tackle was able to move offenses back a total of 183.5 yards and led the league in defensive sack yards by a player by 61.5 yards.

Donald (183.5) ended the 2018 regular season with more defensive sack yards than two teams - the Bengals (173.0) and Raiders (80.0).

Most Defensive Sack Yards in a Single Season (All-Time) Player, Year

	Def. Sack Yards
1. Aaron Donald, 2018	183.5
2. Michael Strahan, 2001	177.5
3. Jason Taylor, 2002	162.5
4. DeMarcus Lawrence, 2017	160.0
5. Jared Allen, 2011	150.5



Rams Linebacker/Secondary Notes



RAMSight is 20/20



Since making his debut with the Rams in Week 7 at Atlanta, CB Jalen Ramsey has only been targeted on an average 12.9-percent of all opponent snaps per game in 2019. In every appearance with the Rams, opposing quarterbacks have never thrown at the shutdown corner more than seven times in a single game, with two of those games (Dallas, Arizona) where he was avoided all but once.

2019 Fewest-Targeted Cornerbacks: Weeks 7-17 (min. 500 snaps)

Player, Team	Total Targets
1. Devin McCourty, NE	22
2. Jimmie Ward, SF	24
3. Kareem Jackson, Den.	26
4. Casey Hayward, LAC	28
5. Eddie Jackson, Chi.	29
6. Ha Ha Clinton-Dix, Chi.	34
7. Byron Jones, Dal.	36
8. Richard Sherman, SF	38
9. Donte Jackson, Car.	40
10t. Jalen Ramsey, LA	44
10t. Rock Ya-Sin, Ind.	44



A Bone To Pick



With the surge of 2019 Pro Bowl CB Jalen Ramsey into the secondary, the immediate impact is undeniable. Not only did the Rams rank No. 1 overall in defensive points allowed following Ramsey's first five games suiting up in the Royal and Sol (37), the secondary elevated into a Top-10 unit for total interceptions and ranked No.3 overall in denying total big-play completions for 20-yards or more.

Fewest Big-Play Completions Allowed By a Secondary in 2019 (20-plus yards)

Team	Completions Against
1. San Francisco 49ers	21
2t. Los Angeles Rams	29
2t. Buffalo Bills	29
4t. Los Angeles Chargers	30
5t. Seattle Seahawks	30

Total Interceptions in 2019 (Team Secondary)

Team	Interceptions
1. New England Patriots	20
2. Minnesota Vikings	15
3t. Pittsburgh Steelers	14
3t. Kansas City Chiefs	14
6t. Carolina Panthers	12
6t. Tennessee Titans	12
8t. Los Angeles Rams	11
8t. Baltimore Ravens	11
8t. Washington Redskins	11
8t. Miami Dolphins	11
8t. Buffalo Bills	11



Think You've Been Ramsacked



With the Rams defense ranked fourth-overall in total sacks, the Los Angeles linebacker corps amassed 29.0 sacks in 2019 to mark the fourth time in franchise history that the position group has eclipsed 20.0-plus sacks in a single season.

All-Time Total Sacks In A Single Season (Linebackers)

Team	Year	Total Sacks
1. Los Angeles Rams	1988	34.0
2. Los Angeles Rams	1989	31.0
3. Los Angeles Rams	2019	29.0
4. Los Angeles Rams	1985	23.5
5. Los Angeles Rams	2017	19.5

2019 also marked a Top-10 performance by the linebacker unit in total tackles and tackles-for-loss in a single season, a first since 2000.

Total Tackles In The 2019 Season (Linebackers)

Team	Total Tackles
1. Arizona Cardinals	426
2. Tennessee Titans	410
3. Denver Broncos	400
4. Washington Redskins	392
5. Pittsburgh Steelers	385
6. Seattle Seahawks	381
7. Carolina Panthers	380
8t. Chicago Bears	376
8t. Houston Texans	376
10t. Los Angeles Rams	363
10t. New York Giants	363

Total Tackles-For-Loss in 2019 (Linebackers)

Team	Tackles-For-Loss
1. Arizona Cardinals	51
2. Baltimore Ravens	49
3t. Tampa Bay Buccaneers	47
3t. Pittsburgh Steelers	47
5. Tennessee Titans	44
6t. Green Bay Packers	38
6t. New York Giants	38
6t. Carolina Panthers	38
9t. Los Angeles Rams	37
9t. Denver Broncos	37

Pressure levied from linebackers has continued to haunt quarterbacks, where the Rams ranked fifth in the NFC averaging 5.6 pressures per game in 2019 (90 total).



Rapping Up



Rookie S Taylor Rapp was a force in the secondary in his rookie campaign, tallying the third-most tackles by any rookie in the NFL. The output also ranks third in franchise history for most tackles recorded by a rookie.

2019 Total Tackles By A Rookie

Player, Team	Total Tackles
1. Devin Bush, Pit	109
2. Cole Holcomb, Was	101
3. Taylor Rapp, LA	99
4. Devin White, TB	91
5. Dre Greenlaw, SF	87

Total Tackles By A Rookie In Franchise History

Player, Year	Total Tackles
1. James Laurinaitis, 2009	121
2. Alec Ogletree, 2013	119
3. Taylor Rapp, 2019	99
4. Pisa Tinoisamoa, 2003	79
5. Tommy Polley, 2001	78

Rapp ended the year with two interceptions, tying for the second-most among rookies and the most by a rookie safety.



Rams P Johnny Hekker Notes



Flipping Fields



P Johnny Hekker continues to be not only one of the most accurate punters in the NFL, but has developed into a complete special teams weapon at flipping the field.

Hekker became the first punter in the NFL to record a 75-plus yard punt in back-to-back games since Patriots' P Luke Prestridge in 1984.

The Oregon State product established a career-long 75-yard punt in the team's 2016 Week 9 contest against the Carolina Panthers, a record that stuck for a week before he booted a 78-yarder against the New York Jets in the Rams' Week 10 contest. On the season, Hekker had three punts over 75 yards.



P Johnny Hekker

There were only nine 70-plus yard punts during the 2016 NFL campaign, Hekker and Jaguars' Brad Norton each had a 78-yarder to their name. There had not been one 70-yard punt through the first three weeks of the 2017 season.

Hekker's 46.0-yard net average led the league in 2016, and ranks first in NFL history for a single season. Previously, the 16-game record was 44.2, a record Hekker himself set in 2013.

Since the NFL went to a 16-game season in 1978, the lowest opponent punt return average, with a minimum of 25 returns, is 2.6 yards, set by the Rams in 2013. The 2016 version of the Rams saw its opponents return 35 punts for just a 4.3 yards per return average.

Longest Punts Since 2012

Player, Team	Distance
1. Robert Malone, NYJ	84
2t. Jordan Berry, Pit	79
2t. Drew Butler, Pit	79
2t. Brett Kern, Ten	79
2t. Britton Colquitt, Cle	79
2t. Tress Way, Was	79
7t. Johnny Hekker, LA	78
7t. Brad Nortman, Jax	78



Johnny Be Good!



In the Rams' 2018 Week 2 win over the Arizona Cardinals, P Johnny Hekker had to step in as the place kicker for the injured K Greg Zuerlein in addition to his punting duties.

Hekker made his first career field goal, a 20-yard attempt, connected on a point after try, recorded five kickoffs, two of which went for touchbacks and punted twice with a 41.0 net average.

Hekker joins Cardinals K Phil Dawson as the only active players with at least one made field goal and a touchdown pass.



P Johnny Hekker

In his career, Hekker has 604 punts with a 43.4 net average and 234 punts downed inside the 20-yard line, is one-of-one on field goal attempts and PATs and has completed 14-of-23 passing attempts for 196 yards, one touchdown and an 84.7 QB rating (including playoffs). Hekker recorded his first NFL rushing attempt on a fake field goal in a 2018 Week 9 game at New Orleans. Hekker gained three yards on the play and was marked just short of the line-to-gain.



Johnny On The Spot



P Johnny Hekker posted the then third-best net average in NFL history with a 44.3 net average during the 2017 regular season, the second-best average of Hekker's career. Tennessee punter Brett Kern led the league in 2017 with a 44.6-yard net average.

Hekker enjoyed a record-breaking 2016 season, recording the most punts downed inside opponents' 20-yard line in NFL history. Additionally, Hekker broke his own NFL single-season net punting average record (46.0). Hekker booted a then career-long 75-yard punt against the Carolina Panthers in the Rams' 2016 Week 9 contest, and bested himself a week later with a 78-yarder against the New York Jets.

The Oregon State product finished the 2016 season with 98 punts, a 47.8-yard gross punting average, 51 punts inside opponents 20-yard line with only one touchback. As a unit, the Rams punt coverage team limited opponents to 152 return yards on 35 attempts and limited opponents to a league-best 4.3-yard average. With the outstanding coverage unit and directional punting, Hekker posted a 46.0-yard net average on the season, the best in NFL history.

Hekker led the NFL in 2015 in net average (43.7), gross average (47.9) and punts downed inside the opponents' 20 yard-line (41). Since the NFL began tracking punts inside 20 yard-line in 1976, Hekker is the first player to lead the league in gross, net and punts placed inside the 20-yard line in the same season.

Highest Net Punting Average in a Season (Since 1976)

Player, Team - Year	Punts	Net Avg
1. Johnny Hekker, LA - 2016	98	46.0
2. Brett Kern, Ten - 2017	75	44.6
3. Logan Cooke, Jax - 2019	75	44.5
4. Bryan Anger, Hou - 2019	45	44.5
5t. Johnny Hekker, LA - 2017	65	44.3
5t. Johnny Hekker, LA- 2013	78	44.2



Rams Special Teams Notes



One 'Hek' Of A Record



P Johnny Hekker

P Johnny Hekker went on a 13-game streak without a touchback, the longest of his career. He had previously posted two separate nine-game streaks without a touchback.

In the team's 2016 Week 16 game against the San Francisco 49ers, Hekker recorded four punts inside the 20-yard line, moving him in to sole possession of the single-season record with 51 punts downed inside opponents' 20-yard line. The punts downed inside the 20 aided his 46.0 net yard average, the best in league history.

The record was previously held by Arizona punter Dave Zastudil, who amassed 46 punts inside opponents territory during the 2012 season. Zastudil needed 112 punting attempts to reach the record and also recorded eight touchbacks. Hekker reached 51 punts inside the 20 with 98 punting attempts and only committed one touchback during the 2016 season. Hekker punted a career-high 98 times in 2016.

Single-Season Punts Inside the 20 Record

Player, Team - Year	Punts	Inside 20
1. Johnny Hekker, LA - 2016	98	51
2. Dave Zastudil, Ari - 2012	112	46
3. Dustin Colquitt, KC - 2012	83	45



He's Worth An Arm And A Leg



Since entering the league in 2012, Rams P Johnny Hekker has been utilized as a weapon on special teams in a variety of ways, including with his arm. To date, including playoffs, Hekker has attempted 23 passes, completing 14 of them for 196 yards and an 84.7 passer rating. He has completed at least one pass in seven-of-eight seasons, including the last six in a row. Hekker set a single-season high for completions (3) in his rookie year in 2012.

P Johnny Hekker Regular and Postseason Career Passing				
Player	Comp/Att.	Yards	TDs	QB Rating
Johnny Hekker	14/23	196	1	84.7

Hekker's 14 completions have gone to 13 different players and 13-of-14 have been successful first down conversions, most recently to WR Michael Thomas in a Week 15 contest at Dallas. The Rams punter also completed a pass for a successful two-point conversion in 2014.

P Johnny Hekker Career Completions

Play (Year)	Qtr.	Down/Distance
5 yards to Michael Thomas (2019)	3	4th-and-4
23 yards to Nick Scott (2019)	2	4th-and-3
12 yards to Sam Shields (2018)	2	4th-and-5
7 yards to Gerald Everett (2018)	2	4th-and-7
12 yards to Sam Shields (2018)	2	4th-and-3
6 yards to Pharoah Cooper (2017)	2	4th-and-7
28 yards to Josh Reynolds (2017)	4	4th-and-6
4 yards to Chase Reynolds (2016)	3	4th-and-1
20 yards to Cody Davis (2015)	3	4th-and-2
19 yards to Stedman Bailey (2014)	4	4th-and-4
18 yards to Benny Cunningham (2014)	4	4th-and-3
21 yards to Rodney McLeod (2012)	2	4th-and-4
19 yards to Lance Kendricks (2012)	4	4th-and-8
2-yard TD to Danny Amendola (2012)	2	4th-and-2



Short-Changed Return



LS Jake McQuaide

During the 2019 season, the Rams special teams unit allowed opponents an average of 8.3 yards per punt return.

The Rams punt team scored a touchdown in a Week 7 win over the Falcons. LB Troy Reeder forced a fumble and CB Darius Williams recovered the fumble for the score in Atlanta's endzone.

Hekker and the Rams coverage units have backed opponents up deep in their own territory and limited opponents to average just 6.6 yards per punt return, which is the lowest average in the NFL since the start of the 2012 season.

During the 2017 regular season, the Rams opponents averaged 6.1 yards per return, the ninth-best mark in the league, while P Johnny Hekker's 44.3 net yard average was the second-best total last season.

2012-Present Team Punting Leaders

Team	Avg. Opp. Return
1. Los Angeles Rams	6.7
2. Kansas City Chiefs	7.0
3. San Francisco 49ers	7.3
4t. Minnesota Vikings	7.4
4t. New England Patriots	7.4





Los Angeles Rams

Statistics



Rams 2019 Stats



Won 9, Lost 7

9/8	W	30-27	at Carolina Panthers
9/15	W	27-9	vs. New Orleans Saints
9/22	W	20-13	at Cleveland Browns
9/29	L	55-40	vs. Tampa Bay Buccaneers
10/3	L	30-29	at Seattle Seahawks
10/13	L	7-20	vs. San Francisco 49ers
10/20	W	37-10	at Atlanta Falcons
10/27	W	24-10	vs. Cincinnati Bengals (London)
11/10	L	17-12	at Pittsburgh Steelers
11/17	W	17-7	vs. Chicago Bears
11/25	L	45-6	vs. Baltimore Ravens
12/1	W	34-7	at Arizona Cardinals
12/8	W	28-12	vs. Seattle Seahawks
12/15	L	44-21	at Dallas Cowboys
12/21	L	34-31	at San Francisco 49ers
12/29	W	31-24	vs. Arizona Cardinals

	Rams	Opponent
Total First Downs	342	324
Rushing	92	100
Passing	222	194
Penalty	28	30
3rd Down: Made/Att	83/208	86/218
3rd Down Pct.	39.9%	39.4%
4th Down: Made/Att	3/13	14/24
4th Down Pct.	23.1%	58.3%
Possession Avg.	29:01	30:59
Total Net Yards	5,998	5,434
Avg. Per Game	374.9	339.6
Total Plays	1,055	1,056
Avg. Per Play	5.7	5.1
Net Yards Rushing	1,499	1,809
Avg. Per Game	93.7	113.1
Total Rushes	401	444
Net Yards Passing	4,499	3,625
Avg. Per Game	281.2	226.6
Sacked/Yards Lost	22/170	50/303
Gross Yards	4,669	3,928
Attempts/Completions	632/397	562/348
Completion Pct.	62.8%	61.9%
Had Intercepted	17	13
Punts/Average	67/46.7	73/44.1
Net Punting Avg.	42.4	41.3
Penalties/Yards	118/899	105/829
Fumbles/Ball Lost	17/7	23/11
Touchdowns	46	42
Rushing	20	15
Passing	22	23
Returns	4	4

Score By Periods	Q1	Q2	Q3	Q4	OT	Pts
Rams	52	146	92	104	0	394
Opponents	65	116	70	113	0	364

Scoring	TD	Ru	Pa	Rt	PAT	FG	2Pt	Pts
G.Zuerlein	0	0	0	0	42/42	24/33	0	114
T.Gurley	14	12	2	0	0/0	0/0	1	86
C.Kupp	10	0	10	0	0/0	0/0	0	60
M.Brown	5	5	0	0	0/0	0/0	0	30
R.Woods	3	1	2	0	0/0	0/0	0	18
T.Higbee	3	0	3	0	0/0	0/0	0	18
G.Everett	2	0	2	0	0/0	0/0	0	12
B.Cooks	2	0	2	0	0/0	0/0	0	12
J.Goff	2	2	0	0	0/0	0/0	0	12
D.Fowler	1	0	0	1	0/0	0/0	0	6
M.Peters	1	0	0	1	0/0	0/0	0	6
J.Reynolds	1	0	1	0	0/0	0/0	0	6
D.Williams	1	0	0	1	0/0	0/0	0	6
T.Rapp	1	0	0	1	0/0	0/0	0	6
A.Donald	0	0	0	0	0/0	0/0	0	2
Rams	46	20	22	4	42/42	24/33	1	394
Opponents	42	15	23	4	40/41	24/30	0	364

2-Pt. Conversions: Rams 1/4, Opponents: 0/1

Sacks: A.Donald 12.5, D.Fowler 11.5, C.Matthews 8.0, S.Ebukam 4.5, C.Littleton 3.5, M.Brockers 3.0, S.Joseph 2.0, M.Fox 2.0, O.Okoronkwo 1.5, T.Hill 1.0, G.Gaines 0.5

Rams: 50.0, Opponents: 22.0

Rushing	No.	Yds	Avg	Long	TD
T.Gurley II	223	857	3.8	25	12
M.Brown	69	255	3.7	17	5
D.Henderson	39	147	3.8	22	0
R.Woods	17	115	6.8	20	1
B.Cooks	6	52	8.7	27	0
J.Goff	33	40	1.2	8	2
J.Reynolds	5	23	4.6	12	0
J.Kelly	3	9	3.0	6	0
N.Scott	1	6	6.0	6	0
C.Kupp	2	4	2.0	6	0
G.Everett	1	0	0.0	0	0
B.Bortles	2	-9	-4.5	1	0
Rams	368	1,386	3.8	27	19
Opponents	427	1,738	4.1	44t	14

Receiving	No.	Yds	Avg	Long	TD
C.Kupp	94	1161	12.4	66	10
R.Woods	90	1134	12.6	48	2
T.Higbee	69	734	10.6	33	3
B.Cooks	42	583	13.9	57	2
G.Everett	37	408	11.0	33	2
T.Gurley II	31	207	6.7	23	2
J.Reynolds	21	326	15.5	31t	1
D.Henderson	4	37	9.3	14	0
J.Mundt	4	26	6.5	9	0
M.Brown	2	16	8.0	10	0
M.Thomas	2	14	7.0	9	0
N.Scott	1	23	23.0	23	0
Rams	397	4,669	11.8	66	22
Opponents	348	3,928	11.3	67t	23

Interceptions	No.	Yds	Avg	Long	TD
T.Rapp	2	54	27.0	31t	1
M.Peters	2	32	16.0	32t	1
C.Littleton	2	32	16.0	26	0
T.Hill	2	6	3.0	6	0
J.Johnson	2	0	0.0	0	0
D.Williams	2	0	0.0	0	0
J.Ramsey	1	13	13.0	13	0
Rams	13	137	10.5	32t	2
Opponents	17	227	13.4	55t	2

Punting	No	Yds	Avg	Net	TB	In	Lg	B
J.Hekker	66	3,128	47.4	42.4	5	22	71	1
Rams	67	3,128	46.7	42.4	5	22	71	1
Opponents	73	3,222	44.1	41.3	2	34	59	0

Punt Returns	Ret	FC	Yds	Avg	Long	TD
J.Natson	19	20	149	7.8	35	0
N.Webster	7	6	18	2.6	14	0
M.Thomas	1	0	3	3.0	3	0
Rams	27	26	170	6.3	35	0
Opponents	23	14	190	8.3	20	0

Kickoff Returns	No.	Yds	Avg	Long	TD
J.Natson	13	289	22.2	30	0
D.Henderson	3	58	19.3	23	0
N.Webster	2	57	28.5	30	0
Rams	18	404	22.4	30	0
Opponents	17	467	27.5	81	0

Field Goals	1-19	20-29	30-39	40-49	50+
G.Zuerlein	0/0	7/7	7/8	5/11	5/7
Rams	0/0	7/7	7/8	5/11	5/7
Opponents	0/0	5/5	9/9	5/8	5/8

Fumbles Lost: J. Goff 5, T. Gurley II 2, Total: 7

Opponent Fumble Recoveries: C.Littleton 4, S.Ebukam 2, D.Williams 1, T.Rapp 1, A.Donald 1, D.Fowler 1, M.Peters 1 Total: 11

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	Long	Sack /Lost	Rating
J.Goff	626	394	4,638	62.9%	7.4	22	3.5%	16	2.6%	66	22/170	86.5
J.Hekker	3	2	28	66.7%	9.3	0	0.0%	1	33.3%	23	0/0	56.9
B.Bortles	2	1	3	50.0%	1.5	0	0.0%	0	0.0%	3	0/0	56.3
C.Kupp	1	0	0	0.0%	0.0	0	0.0%	0	0.0%	0	0/0	39.6
Rams	632	397	4,669	62.8%	7.4	22	3.5%	17	2.7%	66	22/170	85.6
Opponents	562	348	3,928	61.9%	7.0	23	4.1%	13	2.3%	67t	50/303	86.8



Rams 2019 Defensive Stats



Player	Total	Solo	Assisted	Sacks	Sack Yds	FF	PD	Int.	Safeties	QBH	TFL
Cory Littleton	134	78	56	3.5	25.0	2	9	2	0	5	6
Eric Weddle	108	69	39	0.0	0.0	0	4	0	0	1	1
Taylor Rapp	99	61	38	0.0	0.0	0	8	2	0	1	3
Michael Brockers	63	34	29	3.0	20.5	0	1	0	0	9	3
Dante Fowler Jr.	58	40	18	11.5	84.0	2	6	0	0	16	16
Troy Reeder	53	32	21	0.0	0.0	2	0	0	0	0	0
John Johnson III	51	24	27	0.0	0.0	0	2	2	0	0	2
Aaron Donald	48	29	19	12.5	69.5	2	2	0	1	24	20
Samson Ebukam	47	26	21	4.5	32.0	1	3	0	0	10	5
Sebastian Joseph-Day	44	25	19	2.0	10.0	0	1	0	0	5	5
Troy Hill	41	32	9	1.0	2.0	0	8	2	0	2	1
Clay Matthews	37	27	10	8.0	41.0	2	3	0	0	11	9
Nickell Robey-Coleman	35	31	4	0.0	0.0	2	7	0	0	0	3
Jalen Ramsey	33	31	2	0.0	0.0	1	4	1	0	0	0
Marqui Christian	32	25	7	0.0	0.0	0	2	0	0	0	1
Morgan Fox	18	12	6	2.0	9.0	0	0	0	0	3	3
Travin Howard	16	13	3	0.0	0.0	0	3	0	0	0	0
Marcus Peters	14	9	5	0.0	0.0	0	4	2	0	0	1
Aqib Talib	14	7	7	0.0	0.0	0	2	0	0	0	0
Greg Gaines	13	6	7	0.5	2.0	0	0	0	0	2	0
Darius Williams	12	11	1	0.0	0.0	0	4	2	0	0	1
Bryce Hager	10	4	6	0.0	0.0	0	0	0	0	0	0
David Long Jr.	8	7	1	0.0	0.0	0	2	0	0	0	0
Tanzel Smart	7	2	5	0.0	0.0	0	0	0	0	0	0
Ogbonnia Okoronkwo	6	3	3	1.5	8.0	0	0	0	0	4	1
Natrez Patrick	2	2	0	0.0	0.0	0	0	0	0	0	0
Nick Scott	2	1	1	0.0	0.0	0	0	0	0	0	0
Dont'e Deayon	1	1	0	0.0	0.0	0	0	0	0	0	0
Johnny Mundt	0	0	0	0.0	0.0	1	0	0	0	0	0
Rams	1,006	642	364	50.0	303.0	15	75	15	1	93	81
Opponent	934	651	283	22.0	170.0	13	76	13	0	80	65



Rams 2019 Special Teams Tackles



Player	Total	Solo	Assisted	FF	FR
Travin Howard	6	6	0	0	0
Nick Scott	6	5	1	0	0
Troy Reeder	5	4	1	1	0
Marqui Christian	4	2	2	0	0
Darius Williams	3	3	0	0	1
Malcolm Brown	3	2	1	0	0
Kenny Young	4	4	0	0	0
Troy Hill	2	0	2	0	0
Johnny Mundt	2	2	0	1	0
Michael Thomas	2	2	0	0	0
Taylor Rapp	1	1	0	0	0
Johnny Hekker	1	1	0	0	0
Bryce Hager	1	0	1	0	0
Johnny Mundy	1	1	0	0	0
Nickel Robey-Coleman	1	1	0	0	0
David Lond Jr.	1	1	0	0	0
Dont'e Deayon	2	2	0	0	0
Ogbonnia Okoronkwo	1	0	1	0	0
Samson Ebukam	1	0	1	0	0



Los Angeles Rams

Roster



Rams Pronunciation Guide



72	Tremayne ANCHRUM Jr.	Ank-rum
66	Austin BLYTHE	BLY-th
68	COHL CABRAL	Cole / Ca-brawl
21	DONT'E DEAYON	Dahn-tay Dee-yon
64	JAMIL DEMBY	JAH-meal / Dem-BEE
50	Samson EBUKAM	ay-BOO-kahm
3	LIRIM HAJRULLAHU	Leer-um / High-rah-Lah-who
79	Rob HAVENSTEIN	HAY-vin-stine
96	Michael HOECHT	HOY-yecht
48	TRAVIN Howard	TRAY-vin
61	Jeremiah KOLONE	Ka-low-knee
44	Jake McQUAIDE	Mc-KWAYD
45	OGBONNIA OKORONKWO	o-BO-ny-uh / o-kor-RON-kwo
57	NATREZ Patrick	NUH-trez
95	Jachai POLITE	Juh-Kai Poe-lite
30	LEVONTA Taylor	lah-Vonn-tay
14	NSIMBA Webster	Simba (Silent N)
4	EASOP Winston Jr.	Ee-Sopp
	EJIRO EVERO (Safeties)	e-JEE-row / EV-uh-row



Rams Alphabetical Roster



NO.	PLAYER	POS	HT	WT	DOB	AGE	EXP	COLLEGE	H.S. HOMETOWN	ACQUIRED
23	Akers, Cam	RB	5-10	217	6/22/1999	21	R	Florida State	Clinton, Miss.	D2A-'20
36	Alexander, Adonis	CB	6-3	205	11/7/1996	23	2	Virginia Tech	Charlotte, NC	FA-'19
550	Allen, Brian	OL	6-2	303	10/11/1995	24	3	Michigan State	Hinsdale, Ill.	D4A-'18
72	Anchrum Jr., Tremayne	OL	6-2	314	6/24/1998	22	R	Clemson	Powder Springs, Ga.	D7C-'20
79D	Banks, Eric	DL	6-5	230	1/30/1998	22	R	UT San Antonio	Memphis, Tenn.	FA-'20
86	Blanton, Kendall	TE	6-6	262	11/10/1995	24	1	Missouri	Blue Springs, Mo.	FA-'19
66	Blythe, Austin	OL	6-3	298	6/16/1992	28	5	Iowa	Williamsburg, Iowa	W(IND)-'17
90	Brockers, Michael	DL	6-5	305	12/21/1990	29	8	LSU	Houston, Texas	D1-'12
34	Brown, Malcolm	RB	5-11	222	5/15/1993	27	5	Texas	Cibola, Texas	FA-'15
26	Burgess, Terrell	S	5-11	202	11/12/1998	21	R	Utah	San Marcos, Calif.	D3B-'20
68	Cabral, Cohl	OL	6-5	304	2/11/1998	22	R	Arizona State	Rancho Cucamonga, Calif.	FA-'20
93	Copeland, Marquise	DL	6-2	287	5/9/1997	23	1	Cincinnati	Cleveland, Ohio	FA-'19
63	Corbett, Austin	OL	6-4	306	9/5/1995	24	3	Nevada	Sparks, Nev.	T(Cle)-'19
21	Deayon, Dont'e	CB	5-9	159	1/28/1994	26	4	Boise State	Rialto, Calif.	FA-'18
64	Demby, Jamil	OL	6-5	321	6/20/1996	24	2	Maine	Vineland, N.J.	D6B-'18
99	Donald, Aaron	DL	6-1	280	5/23/1991	29	7	Pittsburgh	Pittsburgh, Pa.	D1B-'14
50	Ebukam, Samson	OLB	6-3	245	5/9/1995	25	4	Eastern Washington	Portland, Ore.	D4B-'17
73	Edwards, David	OL	6-6	308	3/20/1997	23	2	Wisconsin	Downers Grove, Ill.	D5-'19
18	Edwards IV, Earnest	WR	5-10	175	3/30/1998	22	R	Maine	Rochester, N.Y.	FA-'20
71	Evans, Bobby	OL	6-4	312	3/24/1997	23	2	Oklahoma	Allen, Texas	D3C-'19
81	Everett, Gerald	TE	6-3	240	6/25/1994	26	4	South Alabama	Decatur, Ga.	D2-'17
54	Floyd, Leonard	OLB	6-5	240	9/8/1992	27	5	Georgia	Eastman, Ga.	FA-'20
97	Fox, Morgan	DL	6-3	275	9/12/1994	25	4	Colorado State Pueblo	Colorado Springs, Colo	FA-'16
32	Fuller, Jordan	S	6-2	203	3/4/1998	22	R	Ohio State	Old Tappan, N.J.	D6-'20
91	Gaines, Greg	DL	6-1	312	5/6/1996	24	2	Washington	La Habra, Calif.	D4-'19
16	Goff, Jared	QB	6-4	222	10/14/1994	25	5	California	Novato, Calif.	D1-'16
3	Hajrullahu, Lirim	K	5-11	205	4/24/1990	30	1	Western Ontario	St. Catharines, Ontario	FA-'20
790	Havenstein, Rob	OL	6-8	330	5/13/1992	28	6	Wisconsin	Mount Airy, Md.	D2-'15
6	Hekker, Johnny	P	6-5	241	2/8/1990	30	9	Oregon State	Bothell, Wash.	FA-'12
27	Henderson Jr., Darrell	RB	5-8	208	8/19/1997	22	2	Memphis	Batesville, Miss.	D3A-'19
89	Higbee, Tyler	TE	6-6	255	1/1/1993	27	5	Western Kentucky	Clearwater, Fla.	D4A-'16
22	Hill, Troy	CB	5-11	183	8/29/1991	28	6	Oregon	Youngstown, Ohio	W(NE)-'15
88	Hopkins, Brycen	TE	6-4	245	3/27/1997	23	R	Purdue	Nashville, Tenn.	D4-'20
48	Howard, Travin	ILB	6-1	219	5/10/1996	24	2	Texas Christian	Longview, Texas	D7A-'18
46	Hughes, JuJu	S	5-11	188	7/19/1998	22	R	Fresno State	Hanford, Calif.	FA-'20
83	Jackson, Trishon	WR	6-1	191	3/9/1998	22	R	Syracuse	West Bloomfield, Mich.	FA-'20
12	Jefferson, Van	WR	6-1	200	7/26/1996	24	R	Florida	Brentwood, Tenn.	D2B-'20
43	Johnson III, John	S	6-0	209	12/19/1995	24	4	Boston College	West Hyattsville, Md.	D3B-'17
58	Johnston, Clay	LB	6-1	227	8/8/1996	23	R	Baylor	Abilene, Texas	D7A-'20
35	Jones, Xavier	RB	5-11	208	8/24/1997	22	R	SMU	Spring, Texas	FA-'20
69	Joseph-Day, Sebastian	DL	6-4	310	3/21/1995	25	2	Rutgers	Stroudsburg, Pa.	D6C-'18
42	Kelly, John	RB	5-10	205	10/4/1996	23	3	Tennessee	Detroit, Mich.	D6A-'18
59	Kiser, Micah	ILB	6-0	244	1/25/1995	25	2	Virginia	Baltimore, Md.	D5A-'18
61	Kolone, Jeremiah	OL	6-3	316	10/23/1994	25	1	San Jose State	Fallbrook, Calif.	FA-'19
15	Koski, J.J.	WR	6-1	195	12/27/1996	23	R	Cal Poly	Danville, Calif.	FA-'20
10	Kupp, Cooper	WR	6-2	208	6/12/1993	27	4	Eastern Washington	Yakima, Wash.	D3A-'17
38	Lake, Dayan	CB	5-11	200	8/1/1997	23	R	Brigham Young	Layton, Utah	FA-'20
53	Lawler, Justin	OLB	6-4	265	12/23/1994	25	2	SMU	Pottsboro, Texas	D7B-'18
55D	London II, Bryan	LB	6-2	232	3/17/1997	23	T	Texas State	Converse, Texas	FA-'20
25	Long Jr., David	CB	5-11	196	2/6/1998	22	2	Michigan	Los Angeles, Calif.	D3B-'19
2	Love, Josh	QB	6-2	203	9/12/1996	23	R	San Jose State	Mission Viejo, Calif.	FA-'20
8	MacGinnis, Austin	K	5-10	185	5/4/1995	25	1	Kentucky	Sacramento, Calif.	FA-'20
37	McGhee, Tyrique	CB	5-10	187	8/11/1998	21	R	Georgia	Byron, Ga.	FA-'20
44	McQuaide, Jake	LS	6-2	235	12/7/1987	32	10	Ohio State	Cincinnati, Ohio	FA-'11
82	Mundt, Johnny	TE	6-4	233	11/23/1994	25	3	Oregon	Modesto, Calif.	FA-'17
70	Noteboom, Joe	OL	6-5	321	6/19/1995	25	3	Texas Christian	Plano, Texas	D3-'18
45	Okoronkwo, Ogbornia	OLB	6-2	253	4/24/1995	25	2	Oklahoma	Houston, Texas	D5B-'18
57	Patrick, Natrez	OLB	6-3	242	7/9/1997	23	2	Georgia	Atlanta, Ga.	FA-'19
5	Perkins, Bryce	QB	6-3	214	12/20/1996	23	R	Virginia	Queen Creek, Ariz.	FA-'20
95	Polite, Jachai	OLB	6-3	258	3/30/1998	22	1	Florida	Daytona Beach, Fla.	FA-'19
19	Polk, Brandon	WR	5-9	175	12/10/1996	23	R	James Madison	Ashburn, Va.	FA-'20
20	Ramsey, Jalen	CB	6-1	208	10/24/1994	25	5	Florida State	Smyrna, Tenn.	T(JAX)-'19
24	Rapp, Taylor	S	6-0	208	12/22/1997	22	2	Washington	Bellingham, Wash.	D2-'19
51	Reeder, Troy	ILB	6-3	245	9/13/1994	25	2	Delaware	Hockessin, Del.	FA-'19
11	Reynolds, Josh	WR	6-3	196	2/16/1995	25	4	Texas A&M	San Antonio, Texas	D4A-'17
94	Robinson, A'Shawn	DL	6-4	330	3/21/1995	25	5	Alabama	Fort Worth, Texas	FA-'20
56	Rozeboom, Christian	LB	6-2	230	1/30/1997	23	R	South Dakota State	Sioux Center, Iowa	FA-'20
33	Scott, Nick	S	5-11	201	5/17/1995	25	2	Penn State	Fairfax, Va.	D7A-'19
65	Shelton, Coleman	OL	6-4	299	7/28/1995	25	2	Washington	Pasadena, Calif.	FA-'19
1	Sloman, Samuel	K	5-8	205	9/19/1997	22	R	Miami (Ohio)	Roswell, Ga.	D7B-'20
30	Taylor, Levonta	CB	5-10	190	11/4/1997	22	R	Florida State	Virginia Beach, Va.	FA-'20
14	Webster, Nsimba	WR	5-10	180	1/27/1996	24	2	Eastern Washington	Antioch, Calif	FA-'19
77	Whitworth, Andrew	OL	6-7	330	12/12/1981	38	15	LSU	Monroe, La.	FA-'17
31	Williams, Darius	CB	5-9	187	3/15/1993	27	3	Alabama-Birmingham	Jacksonville, Fla.	W(BAL)-'18
62	Williams, Jonah	DL	6-5	275	8/17/1995	24	R	Weber State	Meridian, Idaho	FA-'20
4	Winston Jr., Easop	WR	6-0	192	12/17/1996	23	R	Washington State	San Francisco, Calif/	FA-'20
9	Wolford, John	QB	6-1	200	10/16/1995	24	1	Wake Forest	Jacksonville, Calif	FA-'19
17	Woods, Robert	WR	6-0	195	4/10/1992	28	8	Southern California	Gardena, Calif.	FA-'17
41	Young, Kenny	ILB	6-1	234	11/15/1994	25	3	UCLA	Boutte, La.	T(BAL)-'19

Reserve/COVID-19

96	Hoecht, Michael	DL	6-4	310	10/5/1997	22	R	Brown	Oakwood, Ohio	FA-'20
52	Lewis, Terrell	OLB	6-5	262	8/25/1998	21	R	Alabama	Washington, D.C.	D3A-'20

Reserve/Opt-Out

67	Brewer, Chandler	OL	6-6	320	6/12/1997	23	2	Middle Tennessee State	Florence, Ala.	FA-'19
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Active Roster: 79



Rams Numerical Roster



NO.	PLAYER	POS	HT	WT	DOB	AGE	EXP	COLLEGE	H.S. HOMETOWN	ACQUIRED
1	Samuel Sloman	K	5-8	205	9/19/1997	22	R	Miami (Ohio)	Roswell, Ga.	D7B-'20
2	Josh Love	QB	6-2	203	9/12/1996	23	R	San Jose State	Mission Viejo, Calif.	FA-'20
3	Lirim Hajrullahu	K	5-11	205	4/24/1990	30	1	Western Ontario	St. Catharines, Ontario	FA-'20
4	Easop Winston Jr.	WR	6-0	192	12/17/1996	23	R	Washington State	San Francisco, Calif.	FA-'20
5	Bryce Perkins	QB	6-3	214	12/20/1996	23	R	Virginia	Queen Creek, Ariz.	FA-'20
6	Johnny Hekker	P	6-5	241	2/8/1990	30	9	Oregon State	Bothell, Wash.	FA-'12
8	Austin MacGinnis	K	5-10	185	5/4/1995	25	1	Kentucky	Sacramento, Calif.	FA-'20
9	John Wolford	QB	6-1	200	10/16/1995	24	1	Wake Forest	Jacksonville, Fla.	FA-'19
10	Cooper Kupp	WR	6-2	208	6/12/1993	27	4	Eastern Washington	Yakima, Wash.	D3A-'17
11	Josh Reynolds	WR	6-3	196	2/16/1995	25	4	Texas A&M	San Antonio, Texas	D4A-'17
12	Van Jefferson	WR	6-1	200	7/26/1996	24	R	Florida	Brentwood, Tenn.	D2B-'20
14	Nsimba Webster	WR	5-10	180	1/27/1996	24	2	Eastern Washington	Antioch, Calif	FA-'19
15	J.J. Koski	WR	6-1	195	12/27/1996	23	R	Cal Poly	Danville, Calif.	FA-'20
16	Jared Goff	QB	6-4	222	10/14/1994	25	5	California	Novato, Calif.	D1-'16
17	Robert Woods	WR	6-0	195	4/10/1992	28	8	Southern California	Gardena, Calif	FA-'17
18	Earnest Edwards IV	WR	5-10	175	3/30/1998	22	R	Maine	Rochester, N.Y.	FA-'20
19	Brandon Polk	WR	5-9	175	12/10/1996	23	R	James Madison	Ashburn, Va.	FA-'20
20	Jalen Ramsey	CB	6-1	208	10/24/1994	25	5	Florida State	Smyrna, Tenn.	T(JAX)-'19
21	Don'te Deayon	DB	5-9	159	1/28/1994	26	4	Boise State	Rialto, Calif.	FA-'18
22	Troy Hill	CB	5-11	183	8/29/1991	28	6	Oregon	Youngstown, Ohio	W(NE) - '15
23	Cam Akers	RB	5-10	217	6/22/1999	21	R	Florida State	Clinton, Miss.	D2A-'20
24	Taylor Rapp	S	6-0	208	12/22/1997	22	2	Washington	Bellingham, Wash.	D2-'19
25	David Long Jr.	CB	5-11	196	2/6/1998	22	2	Michigan	Los Angeles, Calif.	D3B-'19
26	Terrell Burgess	S	5-11	202	11/12/1998	21	R	Utah	San Marcos, Calif.	D3B-'20
27	Darrell Henderson Jr.	RB	5-8	208	8/19/1997	22	2	Memphis	Batesville, Miss.	D3A-'19
30	Levonta Taylor	CB	5-10	190	11/4/1997	22	R	Florida State	Virginia Beach, Va.	FA-'20
31	Darious Williams	CB	5-9	187	3/15/1993	27	3	Alabama-Birmingham	Jacksonville, Fla.	W(BAL)-'18
32	Jordan Fuller	S	6-2	203	3/4/1998	22	R	Ohio State	Old Tappan, N.J.	D6-'20
33	Nick Scott	S	5-11	201	5/17/1995	25	2	Penn State	Fairfax, Va.	D7A-'19
34	Malcolm Brown	RB	5-11	222	5/15/1993	27	5	Texas	Cibola, Texas	FA-'15
35	Xavier Jones	RB	5-11	208	8/24/1997	22	R	SMU	Spring, Texas	FA-'20
36	Adonis Alexander	CB	6-3	205	11/7/1996	23	2	Virginia Tech	Charlotte, NC	FA-'19
37	Tyrique McGhee	CB	5-10	187	8/11/1998	21	R	Georgia	Byron, Ga.	FA-'20
38	Dayan Lake	CB	5-11	200	8/1/1997	23	R	Brigham Young	Layton, Utah	FA-'20
41	Kenny Young	ILB	6-1	234	11/14/1994	25	3	UCLA	Boutte, La.	T(BAL)-'19
42	John Kelly	RB	5-10	205	10/4/1996	23	3	Tennessee	Detroit, Mich.	D6A-'18
43	John Johnson III	S	6-0	209	12/19/1995	24	4	Boston College	West Hyattsville, Md.	D3B-'17
44	Jake McQuaide	LS	6-2	235	12/7/1987	32	10	Ohio State	Cincinnati, Ohio	FA-'11
45	Ogbonnia Okoronkwo	OLB	6-2	253	4/24/1995	25	2	Oklahoma	Houston, Texas	D5B-'18
46	JuJu Hughes	S	5-11	188	7/19/1998	22	R	Fresno State	Hanford, Calif	FA-'20
48	Travin Howard	ILB	6-1	219	5/10/1996	24	2	Texas Christian	Longview, Texas	D7A-'18
50	Samson Ebukam	OLB	6-3	245	5/9/1995	25	4	Eastern Washington	Portland, Ore.	D4B-'17
51	Troy Reeder	ILB	6-3	245	9/13/1994	25	2	Delaware	Hockessin, Del.	FA-'19
53	Justin Lawler	OLB	6-4	265	12/23/1994	25	2	SMU	Pottsboro, Texas	D7B-'18
54	Leonard Floyd	OLB	6-5	240	9/8/1992	27	5	Georgia	Eastman, Ga.	FA-'20
55D	Bryan London II	LB	6-2	232	3/17/1997	23	T	Texas State	Converse, Texas	FA-'20
55O	Brian Allen	OL	6-2	303	10/11/1995	24	3	Michigan State	Hinsdale, Ill.	D4A-'18
56	Christian Rozeboom	LB	6-2	230	1/30/1997	23	R	South Dakota State	Sioux Center, Iowa	FA-'20
57	Natrez Patrick	OLB	6-3	242	7/9/1997	23	2	Georgia	Atlanta, Ga.	FA-'19
58	Clay Johnston	LB	6-1	227	8/8/1996	23	R	Baylor	Abilene, Texas	D7A-'20
59	Micah Kiser	ILB	6-0	244	1/25/1995	25	2	Virginia	Baltimore, Md.	D5A-'18
61	Jeremiah Kolone	OL	6-3	316	10/23/1994	25	1	San Jose State	Fallbrook, Calif.	FA-'19
62	Jonah Williams	DL	6-5	275	8/17/1995	24	R	Weber State	Meridian, Idaho	FA-'20
63	Austin Corbett	OL	6-4	306	9/5/1995	24	3	Nevada	Sparks, Nev.	T(Cle)-'19
64	Jamil Demby	OL	6-5	321	6/20/1996	24	2	Maine	Vineland, N.J.	D6B-'18
65	Coleman Shelton	OL	6-4	299	7/28/1995	25	2	Washington	Pasadena, Calif.	FA-'19
66	Austin Blythe	OL	6-3	298	6/16/1992	28	5	Iowa	Williamsburg, Iowa	W(IND)-'17
68	Cohl Cabral	OL	6-5	304	2/11/1998	22	R	Arizona State	Rancho Cucamonga, Calif.	FA-'20
69	Sebastian Joseph-Day	DL	6-4	310	3/21/1995	25	2	Rutgers	Stroudsburg, Pa.	D6C-'18
70	Joe Noteboom	OL	6-5	321	6/19/1995	25	3	Texas Christian	Plano, Texas	D3-'18
71	Bobby Evans	OL	6-4	312	3/24/1997	23	2	Oklahoma	Allen, Texas	D3C-'19
72	Tremayne Anchrum Jr.	OL	6-2	314	6/24/1998	22	R	Clemson	Powder Springs, Ga.	D7C-'20
73	David Edwards	OL	6-6	308	3/20/1997	23	2	Wisconsin	Downers Grove, Ill.	D5-'19
77	Andrew Whitworth	OL	6-7	330	12/12/1981	38	15	LSU	Monroe, La.	FA-'17
79D	Eric Banks	DL	6-5	230	1/30/1998	22	R	UT San Antonio	Memphis, Tenn.	FA-'20
79O	Rob Havenstein	OL	6-8	330	5/13/1992	28	6	Wisconsin	Mount Airy, Md.	D2-'15
81	Gerald Everett	TE	6-3	240	6/25/1994	26	4	South Alabama	Decatur, Ga.	D2-'17
82	Johnny Mundt	TE	6-4	233	11/23/1994	25	3	Oregon	Modesto, Calif.	FA-'17
83	Trishon Jackson	WR	6-1	191	3/9/1998	22	R	Syracuse	West Bloomfield, Mich.	FA-'20
86	Kendall Blanton	TE	6-6	262	11/10/1995	24	1	Missouri	Blue Springs, Mo.	FA-'19
88	Brycen Hopkins	TE	6-4	245	3/27/1997	23	R	Purdue	Nashville, Tenn.	D4-'20
89	Tyler Higbee	TE	6-6	255	1/1/1993	27	5	Western Kentucky	Clearwater, Fla.	D4A-'16
90	Michael Brockers	DL	6-5	305	12/21/1990	29	9	LSU	Houston, Texas	D1-'12
91	Greg Gaines	DL	6-1	312	5/6/1996	24	2	Washington	La Habra, Calif.	D4-'19
93	Marquise Copeland	DL	6-2	287	5/9/1997	23	1	Cincinnati	Cleveland, Ohio	FA-'19
94	A'Shawn Robinson	DL	6-4	330	3/21/1995	25	5	Alabama	Fort Worth, Texas	FA-'20
95	Jachai Polite	OLB	6-3	258	3/30/1998	22	1	Florida	Daytona Beach, Fla.	FA-'19
97	Morgan Fox	DL	6-3	275	9/12/1994	25	4	Colorado State Pueblo	Colorado Springs, Colo	FA-'16
99	Aaron Donald	DL	6-1	280	5/23/1991	29	7	Pittsburgh	Pittsburgh, Pa.	D1B-'14

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Reserve/COVID-19

52	Terrell Lewis	OLB	6-5	262	8/25/1998	21	R	Alabama	Washington, D.C.	D3A-'20
96	Michael Hoecht	DL	6-4	310	10/5/1997	22	R	Brown	Oakwood, Ohio	FA-'20

Reserve/Opt-Out

67	Chandler Brewer	OL	6-6	320	6/12/1997	23	2	Middle Tennessee State	Florence, Ala.	FA-'19
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Rams Roster By Experience



	NU.	PLAYER	POS	H	I	W	I	DOB	AGE	EXP	COLLEGE	H.S. HOMETOWN	ACQUIRED
15th Year (1)	77	Whitworth, Andrew	OL	6-7	330	12/12/1981	38	15	LSU			Monroe, La.	FA-'17
10th Year (1)	44	McQuaide, Jake	LS	6-2	235	12/7/1987	32	10	Ohio State			Cincinnati, Ohio	FA-'11
9th Year (2)	6	Hekker, Johnny	P	6-5	241	2/8/1990	30	9	Oregon State			Bothell, Wash.	FA-'12
	90	Brockers, Michael	DL	6-5	305	12/21/1990	29	9	LSU			Houston, Texas	D1-'12
8th Year (1)	17	Woods, Robert	WR	6-0	195	4/10/1992	28	8	Southern California			Gardena, Calif.	FA-'17
7th Year (1)	99	Donald, Aaron	DL	6-1	280	5/23/1991	29	7	Pittsburgh			Pittsburgh, Pa.	D1B-'14
6th Year (2)	20	Hill, Troy	CB	5-11	183	8/29/1991	28	5	Oregon			Youngstown, Ohio	W(NE) - '15
	79	Havenstein, Rob	OL	6-8	330	5/13/1992	28	5	Wisconsin			Mount Airy, Md.	D2-'15
5th Year (7)	16	Goff, Jared	QB	6-4	222	10/14/1994	25	5	California			Novato, Calif.	D1-'16
	20	Ramsey, Jalen	CB	6-1	208	10/24/1994	25	5	Florida State			Smyrna, Tenn.	T(JAX)-'19
	34	Brown, Malcolm	RB	5-11	222	5/15/1993	27	5	Texas			Cibola, Texas	FA-'15
	54	Floyd, Leonard	OLB	6-5	240	9/8/1992	27	5	Georgia			Eastman, Ga.	FA-'20
	66	Blythe, Austin	OL	6-3	298	6/16/1992	28	5	Iowa			Williamsburg, Iowa	W(IND)-'17
	89	Higbee, Tyler	TE	6-6	255	1/1/1993	27	5	Western Kentucky			Clearwater, Fla.	D4A-'16
	94	Robinson, A'Shawn	DL	6-4	330	3/21/1995	25	5	Alabama			Fort Worth, Texas	FA-'20
4th Year (7)	10	Kupp, Cooper	WR	6-2	208	6/12/1993	27	4	Eastern Washington			Yakima, Wash.	D3A-'17
	11	Reynolds, Josh	WR	6-3	196	2/16/1995	25	4	Texas A&M			San Antonio, Texas	D4A-'17
	21	Dont'e Deayon	CB	5-9	159	1/28/1994	26	4	Boise State			Rialto, Calif.	FA-'18
	43	Johnson III, John	S	6-0	209	12/19/1995	24	4	Boston College			West Hyattsville, Md.	D3B-'17
	50	Ebukam, Samson	OLB	6-3	245	5/9/1995	25	4	Eastern Washington			Portland, Ore.	D4B-'17
	81	Everett, Gerald	TE	6-3	240	6/25/1994	26	4	South Alabama			Decatur, Ga.	D2-'17
	97	Fox, Morgan	DL	6-3	275	9/12/1994	25	4	Colorado State Pueblo			Colorado Springs, Colo	FA-'16
3rd Year (7)	31	Williams, Darius	CB	5-9	187	3/15/1993	27	3	Alabama-Birmingham			Jacksonville, Fla.	W(BAL)-'18
	41	Young, Kenny	ILB	6-1	234	11/15/1994	25	3	UCLA			Boutte, La.	T(BAL)-'19
	42	Kelly, John	RB	5-10	205	10/4/1996	23	3	Tennessee			Detroit, Mich.	D6A-'18
	550	Allen, Brian	OL	6-2	303	10/11/1995	24	3	Michigan State			Hinsdale, Ill.	D4A-'18
	63	Corbett, Austin	OL	6-4	306	9/5/1995	24	3	Nevada			Sparks, Nev.	T(Cle)-'19
	70	Noteboom, Joe	OL	6-5	321	6/19/1995	25	3	Texas Christian			Plano, Texas	D3-'18
	82	Mundt, Johnny	TE	6-4	233	11/23/1994	25	3	Oregon			Modesto, Calif.	FA-'17
2nd Year (19)	14	Webster, Nsimba	WR	5-10	180	1/27/1996	24	2	Eastern Washington			Antioch, Calif	FA-'19
	24	Rapp, Taylor	S	6-0	208	12/22/1997	22	2	Washington			Bellingham, Wash.	D2-'19
	25	Long Jr., David	CB	5-11	196	2/6/1998	22	2	Michigan			Los Angeles, Calif.	D3B-'19
	27	Henderson Jr., Darrell	RB	5-8	208	8/19/1997	22	2	Memphis			Batesville, Miss.	D3A-'19
	33	Scott, Nick	S	5-11	201	5/17/1995	25	2	Penn State			Fairfax, Va.	D7A-'19
	36	Alexander, Adonis	CB	6-3	205	11/7/1996	23	2	Virginia Tech			Charlotte, NC	FA-'19
	45	Okoronkwo, Ogbonnia	OLB	6-2	253	4/24/1995	25	2	Oklahoma			Houston, Texas	D5B-'18
	48	Howard, Travin	ILB	6-1	219	5/10/1996	24	2	Texas Christian			Longview, Texas	D7A-'18
	51	Reeder, Troy	ILB	6-3	245	9/13/1994	25	2	Delaware			Hockessin, Del.	FA-'19
	57	Patrick, Natrez	OLB	6-3	242	7/9/1997	23	2	Georgia			Atlanta, Ga.	FA-'19
	53	Lawler, Justin	OLB	6-4	265	12/23/1994	25	2	SMU			Pottsboro, Texas	D7B-'18
	59	Kiser, Micah	ILB	6-0	244	1/25/1995	25	2	Virginia			Baltimore, Md.	D5A-'18
	64	Demby, Jamil	OL	6-5	321	6/20/1996	24	2	Maine			Vineland, N.J.	D6B-'18
	65	Shelton, Coleman	OL	6-4	299	7/28/1995	25	2	Washington			Pasadena, Calif.	FA-'19
67	Brewer, Chandler ^	OL	6-6	320	6/12/1997	23	2	Middle Tennessee State			Florence, Ala.	FA-'19	
69	Joseph-Day, Sebastian	DL	6-4	310	3/21/1995	25	2	Rutgers			Stroudsburg, Pa.	D6C-'18	
71	Evans, Bobby	OL	6-4	312	3/24/1997	23	2	Oklahoma			Allen, Texas	D3C-'19	
73	Edwards, David	OL	6-6	308	3/20/1997	23	2	Wisconsin			Downers Grove, Ill.	D5-'19	
91	Gaines, Greg	DL	6-1	312	5/6/1996	24	2	Washington			La Habra, Calif.	D4-'19	
1st Year (7)	3	Hajrullahu, Lirim	K	5-11	205	4/24/1990	30	1	Western Ontario			St. Catharines, Ontario	FA-'20
	8	MacGinnis, Austin	K	5-10	185	5/4/1995	25	1	Kentucky			Sacramento, Calif.	FA-'20
	9	Wolford, John	QB	6-1	200	10/16/1995	24	1	Wake Forest			Jacksonville, Fla.	FA-'19
	61	Kolone, Jeremiah	OL	6-3	316	10/23/1994	25	1	San Jose State			Fallbrook, Calif.	FA-'19
	86	Blanton, Kendall	TE	6-6	262	11/10/1995	24	1	Missouri			Blue Springs, Mo.	FA-'19
	93	Copeland, Marquise	DL	6-2	287	5/9/1997	23	1	Cincinnati			Cleveland, Ohio	FA-'19
95	Polite, Jachai	OLB	6-3	258	3/30/1998	22	1	Florida			Daytona Beach, Fla.	FA-'19	
Rookies (27)	1	Sloman, Samuel	K	5-8	205	9/19/1997	22	R	Miami (Ohio)			Roswell, Ga.	D7B-'20
	2	Love, Josh	QB	6-2	203	9/12/1996	23	R	San Jose State			Mission Viejo, Calif.	FA-'20
	4	Winston Jr., Easop	WR	6-0	192	12/17/1996	23	R	Washington State			San Francisco, Calif/	FA-'20
	5	Perkins, Bryce	QB	6-3	214	12/20/1996	23	R	Virginia			Queen Creek, Ariz.	FA-'20
	12	Jefferson, Van	WR	6-1	200	7/26/1996	24	R	Florida			Brentwood, Tenn.	D2B-'20
	15	Koski, J.J.	WR	6-1	195	12/27/1996	23	R	Cal Poly			Danville, Calif.	FA-'20
	18	Edwards IV, Earnest	WR	5-10	175	3/30/1998	22	R	Maine			Rochester, N.Y.	FA-'20
	19	Polk, Brandon	WR	5-9	175	12/10/1996	23	R	James Madison			Ashburn, Va.	FA-'20
	23	Akers, Cam	RB	5-10	217	6/22/1999	21	R	Florida State			Clinton, Miss.	D2A-'20
	26	Burgess, Terrell	S	5-11	202	11/12/1998	21	R	Utah			San Marcos, Calif.	D3B-'20
	30	Taylor, Levonta	CB	5-10	190	11/4/1997	22	R	Florida State			Virginia Beach, Va.	FA-'20
	32	Fuller, Jordan	S	6-2	203	3/4/1998	22	R	Ohio State			Old Tappan, N.J.	D6-'20
	35	Jones, Xavier	RB	5-11	208	8/24/1997	22	R	SMU			Spring, Texas	FA-'20
	37	McGhee, Tyrrique	CB	5-10	187	8/11/1998	21	R	Georgia			Byron, Ga.	FA-'20
	38	Lake, Dayan	CB	5-11	200	8/1/1997	23	R	Brigham Young			Layton, Utah	FA-'20
	46	Hughes, JuJu	S	5-11	188	7/19/1998	22	R	Fresno State			Hanford, Calif	FA-'20
	52	Lewis, Terrell *	OLB	6-5	262	8/25/1998	21	R	Alabama			Washington, D.C.	D3A-'20
	55D	London II, Bryan	LB	6-2	232	3/17/1997	23	T	Texas State			Converse, Texas	FA-'20
	56	Rozeboom, Christian	LB	6-2	230	1/30/1997	23	R	South Dakota State			Sioux Center, Iowa	FA-'20
	58	Johnston, Clay	LB	6-1	227	8/8/1996	23	R	Baylor			Abilene, Texas	D7A-'20
	62	Williams, Jonah	DL	6-5	275	8/17/1995	24	R	Weber State			Meridian, Idaho	FA-'20
	68	Cabral, Cohl	OL	6-5	304	2/11/1998	22	R	Arizona State			Rancho Cucamonga, Calif.	FA-'20
	72	Anchrum Jr., Tremayne	OL	6-2	314	6/24/1998	22	R	Clemson			Powder Springs, Ga.	D7C-'20
	79D	Banks, Eric	DL	6-5	230	1/30/1998	22	R	UT San Antonio			Memphis, Tenn.	FA-'20
	83	Jackson, Trishton	WR	6-1	191	3/9/1998	22	R	Sryacuse			West Bloomfield, Mich.	FA-'20
	88	Hopkins, Brycen	TE	6-4	245	3/27/1997	23	R	Purdue			Nashville, Tenn.	D4-'20
	96	Hoecht, Michael *	DL	6-4	310	10/5/1997	22	R	Brown			Oakwood, Ohio	FA-'20

^ Denotes Reserve/Opt-Out, * Denotes Reserve/COVID-19



Rams Positional Roster



QUARTERBACKS (4)		POS	HT	WT	DOB	AGE	EXP	COLLEGE	H.S. HOMETOWN	ACQUIRED
2	Love, Josh	QB	6-2	203	9/12/1996	23	R	San Jose State	Mission Viejo, Calif.	FA-'20
5	Perkins, Bryce	QB	6-3	214	12/20/1996	23	R	Virginia	Queen Creek, Ariz.	FA-'20
9	Wolford, John	QB	6-1	200	10/16/1995	24	1	Wake Forest	Jacksonville, Fla.	FA-'19
16	Goff, Jared	QB	6-4	222	10/14/1994	25	5	California	Novato, Calif.	D1-'16
RUNNING BACKS (5)										
23	Akers, Cam	RB	5-10	217	6/22/1999	21	R	Florida State	Clinton, Miss.	D2A-'20
27	Henderson Jr., Darrell	RB	5-8	208	8/19/1997	22	2	Memphis	Batesville, Miss.	D3A-'19
34	Brown, Malcolm	RB	5-11	222	5/15/1993	27	5	Texas	Cibola, Texas	FA-'15
35	Jones, Xavier	RB	5-11	208	8/24/1997	22	R	SMU	Spring, Texas	FA-'20
42	Kelly, John	RB	5-10	205	10/4/1996	23	3	Tennessee	Detroit, Mich.	D6A-'18
WIDE RECEIVERS (10)										
4	Winston Jr., Easop	WR	6-0	192	12/17/1996	23	R	Washington State	San Francisco, Calif.	FA-'20
10	Kupp, Cooper	WR	6-2	208	6/12/1993	27	4	Eastern Washington	Yakima, Wash.	D3A-'17
11	Reynolds, Josh	WR	6-3	196	2/16/1995	25	4	Texas A&M	San Antonio, Texas	D4A-'17
12	Jefferson, Van	WR	6-1	200	7/26/1996	24	R	Florida	Brentwood, Tenn.	D2B-'20
14	Webster, Nsimba	WR	5-10	180	1/27/1996	24	2	Eastern Washington	Antioch, Calif.	FA-'19
15	Koski, J.J.	WR	6-1	195	12/27/1996	23	R	Cal Poly	Danville, Calif.	FA-'20
17	Woods, Robert	WR	6-0	195	4/10/1992	28	8	Southern California	Gardena, Calif.	FA-'17
18	Edwards IV, Earnest	WR	5-10	175	3/30/1998	22	R	Maine	Rochester, N.Y.	FA-'20
19	Polk, Brandon	WR	5-9	175	12/10/1996	23	R	James Madison	Ashburn, Va.	FA-'20
83	Jackson, Trishton	WR	6-1	191	3/9/1998	22	R	Syracuse	West Bloomfield, Mich.	FA-'20
TIGHT ENDS (5)										
81	Everett, Gerald	TE	6-3	240	6/25/1994	26	4	South Alabama	Decatur, Ga.	D2-'17
82	Mundt, Johnny	TE	6-4	233	11/23/1994	25	3	Oregon	Modesto, Calif.	FA-'17
86	Blanton, Kendall	TE	6-6	262	11/10/1995	24	1	Missouri	Blue Springs, Mo.	FA-'19
88	Hopkins, Brycen	TE	6-4	245	3/27/1997	23	R	Purdue	Nashville, Tenn.	D4-'20
89	Higbee, Tyler	TE	6-6	255	1/1/1993	27	5	Western Kentucky	Clearwater, Fla.	D4A-'16
OFFENSIVE LINE (14)										
55O	Allen, Brian	OL	6-2	303	10/11/1995	24	3	Michigan State	Hinsdale, Ill.	D4A-'18
61	Kolone, Jeremiah	OL	6-3	316	10/23/1994	25	1	San Jose State	Fallbrook, Calif.	FA-'19
63	Corbett, Austin	OL	6-4	306	9/5/1995	24	3	Nevada	Sparks, Nev.	T(Cle)-'19
64	Demby, Jamil	OL	6-5	321	6/20/1996	24	2	Maine	Vineland, N.J.	D6B-'18
65	Shelton, Coleman	OL	6-4	299	7/28/1995	25	2	Washington	Pasadena, Calif.	FA-'19
66	Blythe, Austin	OL	6-3	298	6/16/1992	28	5	Iowa	Williamsburg, Iowa	W(IND)-'17
67	Brewer, Chandler ^	OL	6-6	320	6/12/1997	23	2	Middle Tennessee State	Florence, Ala.	FA-'19
68	Cabral, Cohl	OL	6-5	304	2/11/1998	22	R	Arizona State	Rancho Cucamonga, Calif.	FA-'20
70	Noteboom, Joe	OL	6-5	321	6/19/1995	25	3	Texas Christian	Plano, Texas	D3-'18
71	Evans, Bobby	OL	6-4	312	3/24/1997	23	2	Oklahoma	Allen, Texas	D3C-'19
72	Anchrum Jr., Tremayne	OL	6-2	314	6/24/1998	22	R	Clemson	Powder Springs, Ga.	D7C-'20
73	Edwards, David	OL	6-6	308	3/20/1997	23	2	Wisconsin	Downers Grove, Ill.	D5-'19
77	Whitworth, Andrew	OL	6-7	330	12/12/1981	38	15	LSU	Monroe, La.	FA-'17
79O	Havenstein, Rob	OL	6-8	330	5/13/1992	28	6	Wisconsin	Mount Airy, Md.	D2-'15
DEFENSIVE LINE (10)										
62	Williams, Jonah	DL	6-5	275	8/17/1995	24	R	Weber State	Meridian, Idaho	FA-'20
69	Joseph-Day, Sebastian	DL	6-4	310	3/21/1995	25	2	Rutgers	Stroudsburg, Pa.	D6C-'18
79D	Banks, Eric	DL	6-5	230	1/30/1998	22	R	UT San Antonio	Memphis, Tenn.	FA-'20
90	Brockers, Michael	DL	6-5	305	12/21/1990	29	9	LSU	Houston, Texas	D1-'12
91	Gaines, Greg	DL	6-1	312	5/6/1996	24	2	Washington	La Habra, Calif.	D4-'19
93	Copeland, Marquise	DL	6-2	287	5/9/1997	23	1	Cincinnati	Cleveland, Ohio	FA-'19
94	Robinson, A'Shawn	DL	6-4	330	3/21/1995	25	5	Alabama	Fort Worth, Texas	FA-'20
96	Hoecht, Michael *	DL	6-4	310	10/5/1997	22	R	Brown	Oakwood, Ohio	FA-'20
97	Fox, Morgan	DL	6-3	275	9/12/1994	25	4	Colorado State Pueblo	Colorado Springs, Colo	FA-'16
99	Donald, Aaron	DL	6-1	280	5/23/1991	29	7	Pittsburgh	Pittsburgh, Pa.	D1B-'14
LINEBACKERS (14)										
41	Young, Kenny	ILB	6-1	234	11/15/1994	25	3	UCLA	Boutte, La.	T(BAL)-'19
45	Okoronkwo, Ogbornia	OLB	6-2	253	4/24/1995	25	2	Oklahoma	Houston, Texas	D5B-'18
48	Howard, Travin	ILB	6-1	219	5/10/1996	24	2	Texas Christian	Longview, Texas	D7A-'18
50	Ebukam, Samson	OLB	6-3	245	5/9/1995	25	4	Eastern Washington	Portland, Ore.	D4B-'17
51	Reeder, Troy	ILB	6-3	245	9/13/1994	25	2	Delaware	Hockessin, Del.	FA-'19
52	Lewis, Terrell *	OLB	6-5	262	8/25/1998	21	R	Alabama	Washington, D.C.	D3A-'20
53	Lawler, Justin	OLB	6-4	265	12/23/1994	25	2	SMU	Pottsboro, Texas	D7B-'18
54	Floyd, Leonard	OLB	6-5	240	9/8/1992	27	5	Georgia	Eastman, Ga.	FA-'20
55D	London II, Bryan	LB	6-2	232	3/17/1997	23	T	Texas State	Converse, Texas	FA-'20
56	Rozeboom, Christian	ILB	6-2	230	1/30/1997	23	R	South Dakota State	Sioux Center, Iowa	FA-'20
57	Patrick, Natrez	OLB	6-3	242	7/9/1997	23	2	Georgia	Atlanta, Ga.	FA-'19
58	Johnston, Clay	ILB	6-1	227	8/8/1996	23	R	Baylor	Abilene, Texas	D7A-'20
59	Kiser, Micah	ILB	6-0	244	1/25/1995	25	2	Virginia	Baltimore, Md.	D5A-'18
95	Polite, Jachai	OLB	6-3	258	3/30/1998	22	1	Florida	Daytona Beach, Fla.	FA-'19
SECONDARY (15)										
20	Ramsey, Jalen	CB	6-1	208	10/24/1994	26	5	Florida State	Smyrna, Tenn.	T(JAX)-'19
21	Dont'e Deayon	CB	5-9	159	1/28/1994	26	4	Boise State	Rialto, Calif.	FA-'18
22	Hill, Troy	CB	5-11	183	8/29/1991	28	6	Oregon	Youngstown, Ohio	W(NE) - '15
24	Rapp, Taylor	S	6-0	208	12/22/1997	22	2	Washington	Bellingham, Wash.	D2-'19
25	Long Jr., David	CB	5-11	196	2/6/1998	22	2	Michigan	Los Angeles, Calif.	D3B-'19
26	Burgess, Terrell	S	5-11	202	11/12/1998	21	R	Utah	San Marcos, Calif.	D3B-'20
30	Taylor, Levonta	CB	5-10	190	11/4/1997	22	R	Florida State	Virginia Beach, Va.	FA-'20
31	Williams, Darious	CB	5-9	187	3/15/1993	27	3	Alabama-Birmingham	Jacksonville, Fla.	W(BAL)-'18
32	Fuller, Jordan	S	6-2	203	3/4/1998	22	R	Ohio State	Old Tappan, N.J.	D6-'20
33	Scott, Nick	S	5-11	201	5/17/1995	25	2	Penn State	Fairfax, Va.	D7A-'19
36	Alexander, Adonis	CB	6-3	205	11/7/1996	23	2	Virginia Tech	Charlotte, NC	FA-'19
37	McGhee, Tyrique	CB	5-10	187	8/11/1998	21	R	Georgia	Byron, Ga.	FA-'20
38	Lake, Dayan	CB	5-11	200	8/1/1997	23	R	Brigham Young	Layton, Utah	FA-'20
43	Johnson III, John	S	6-0	209	12/19/1995	24	4	Boston College	West Hyattsville, Md.	D3B-'17
46	Hughes, JuJu	S	5-11	188	7/19/1998	22	R	Fresno State	Hanford, Calif	FA-'20
SPECIALISTS (5)										
1	Sloman, Samuel	K	5-8	205	9/19/1997	22	R	Miami (Ohio)	Roswell, Ga.	D7B-'20
3	Hajrullahu, Lirim	P	5-11	205	4/24/1990	30	1	Western Ontario	St. Catherines, Ontario	FA-'20
6	Hekker, Johnny	K	6-5	241	2/8/1990	30	9	Oregon State	Bothell, Wash.	FA-'12
8	MacGinnis, Austin	K	5-10	185	5/4/1995	25	1	Kentucky	Sacramento, Calif.	FA-'20
44	McQuaide, Jake	LS	6-2	235	12/7/1987	32	10	Ohio State	Cincinnati, Ohio	FA-'11

^ Denotes Reserve/Out-Out * Denotes Reserve/COVID-19



Rams Transactions



3/10/2020	WR JoJo Natson	Released
3/17/2020	C Coleman Shelton	Received Minimum Salary Offer
3/17/2020	TE Johnny Mundt	Received Minimum Salary Offer
3/17/2020	CB Nickell Robey-Coleman	Option Not Exercised
3/19/2020	LB Clay Matthews	Released
3/19/2020	RB Todd Gurley II	Released
3/26/2020	OL Austin Blythe	Re-signed Unrestricted Free Agent
3/29/2020	CB Dont'e Deayon	Re-signed Unrestricted Free Agent
04/10/2020	WR Brandin Cooks	Traded to Houston
04/14/2020	K Austin MacGinnis	Signed
04/14/2020	K Lirim hajrullahu	Signed
4/27/2020	LB Jeff Holland	Waived
4/27/2020	C Coleman Shelton	Exclusive Rights Signing
4/30/2020	DL Eric Banks	Free Agent Signing
4/30/2020	LB Daniel Bituli	Free Agent Signing
4/30/2020	OL Cohl Cabral	Free Agent Signing
4/30/2020	WR Earnest Edwards	Free Agent Signing
4/30/2020	RB James Gilbert	Free Agent Signing
4/30/2020	DL Mike Hoecht	Free Agent Signing
4/30/2020	WR Trishton Jackson	Free Agent Signing
4/30/2020	WR J.J. Koski	Free Agent Signing
4/30/2020	CB Dayan Lake	Free Agent Signing
4/30/2020	LB Bryan London	Free Agent Signing
4/30/2020	QB Josh Love	Free Agent Signing
4/30/2020	CB Tyrique McGhee	Free Agent Signing
4/30/2020	QB Bryce Perkins	Free Agent Signing
4/30/2020	LB Greg Reaves	Free Agent Signing
4/30/2020	DL Sam Renner	Free Agent Signing
4/30/2020	LB Christian Rozeboom	Free Agent Signing
4/30/2020	CB Levonta Taylor	Free Agent Signing
4/30/2020	DL Jonah Williams	Free Agent Signing
5/4/2020	DB JuJu Hughes	Free Agent Signing
5/4/2020	RB Xavier Jones	Free Agent Signing
5/4/2020	WR Brandon Polk	Free Agent Signing
5/4/2020	WR Easop Winston	Free Agent Signing
5/14/2020	DL Tanzel Smart	Waived
5/14/2020	DL Morgan Fox	Signed
7/25/2020	WR Greg Dortch	Waived
7/25/2020	DB Jake Gervase	Waived
7/25/2020	C Nate Trewyn	Waived
7/25/2020	TE Ethan Wolf	Waived
7/31/2020	OL Chandler Brewer	Reserve/opt-out
7/31/2020	DT Michael Hoecht	Reserve/Covid-19
7/31/2020	LB Terrell Lewis	Reserve/Covid-19
8/1/2020	LB Daniel Bituli	Waived
8/1/2020	RB James Gilbert	Waived
8/1/2020	DE Greg Reaves	Waived
8/1/2020	DT Sam Renner	Waived



How The Rams Were Built



	DRAFTEES (35)	FREE AGENTS (41)	TRADES/WAIVERS (6)
2020	RB Cam Akers (2a) WR Van Jefferson (2b) OLB Terrell Lewis (3a) S Terrell Burgess (3b) TE Brycen Hopkins (4) S Jordan Fuller (6) LB Clayton Johnston (7a) K Samuel Sloman (7b) OL Tremayne Anchrum Jr. (7c)	DL Eric Banks (UDFA) OL Cohl Cabral (UDFA) WR Earnest Edwards IV (UDFA) OLB Leonard Floyd (FA) K Lirim Hajrullahi (FA) DL Michael Hoecht (UDFA) S JuJu Hughes (UDFA) * WR Trishton Jackson (UDFA) RB Xavier Jones (UDFA) * WR J.J. Koski (UDFA) CB Dayan Lake (UDFA) LB Bryan London II (UDFA) QB Josh Love (UDFA) K Austin MacGinnis (FA) CB Tyrique McGhee (UDFA) QB Bryce Perkins (UDFA) WR Brandon Polk (UDFA) * DL A'Shawn Robinson (FA) LB Christian Rozeboom (UDFA) CB Levonta Taylor (UDFA) DL Jonah Williams (UDFA) WR Easop Winston Jr. (UDFA) *	
2019	S Taylor Rapp (2) RB Darrell Henderson Jr. (3a) CB David Long Jr. (3b) T Bobby Evans (3c) DT Greg Gaines (4) T David Edwards (5) S Nick Scott (7)	CB Adonis Alexander (FA) TE Kendall Blanton (UDFA) OL Chandler Brewer (UDFA) DL Marquise Copeland (UDFA) OL Jeremiah Kolone (FA) OLB Natrez Patrick (UDFA) OLB Jachai Polite (FA) LB Troy Reeder (UDFA) OL Coleman Shelton (FA) WR Nsimba Webster (UDFA) QB John Wolford (FA)	OL Austin Corbett (T-CLE) LB Kenny Young (T-BAL) CB Jalen Ramsey (T-JAX)
2018	OL Joe Noteboom (3) OL Brian Allen (4) LB Micha Kiser (5a) OLB Ogbornia Okoronkwo (5b) RB John Kelly (6a) OL Jamil Demby (6b) DL Sebastian Joseph (6c) LB Travin Howard (7a) OLB Justin Lawler (7b)	DB Dont'e Deayon (FA)	DB Darius Williams (W-BAL)
2017	TE Gerald Everett (2) WR Cooper Kupp (3a) S John Johnson III (3b) WR Josh Reynolds (4a) OLB Samson Ebukam (4b)	TE Johnny Mundt (UDFA) T Andrew Whitworth (FA) WR Robert Woods (FA)	C Austin Blythe (W-IND)
2016	QB Jared Goff (1) TE Tyler Higbee (4a)	DL Morgan Fox (UDFA)	
2015	T Rob Havenstein (2)	RB Malcolm Brown (UDFA)	CB Troy Hill (W-NE)
2014	DL Aaron Donald (1)		
2012	DL Michael Brockers (1)	P Johnny Hekker (UDFA)	
2011		LS Jake McQuaide (UDFA)	

FA - Free Agent; UFA - Unrestricted Free Agent; UDFA - Undrafted Free Agent; RFA - Restricted Free Agent; W - Waivers; T- Trade