

Rams RB Todd Gurley II - Media Availability - Nov. 27, 2019

(On his favorite Thanksgiving dish)

"No favorite. I like everything."

(On if he has family in town for Thanksgiving)

"No. I have my teammates, so whoever wants to come over and eat, grab a bite. Friends around here, whoever wants to come, basically."

(On QB Jared Goff saying the team needs to increase the standard and what that means to him)

"Basically, just setting the bar high – it is what it is. If you don't match it then you don't need to be on the field playing."

(On if he feels like increasing the standard is accurate)

"Yeah. It's definitely a great point. Like we always say, 'The standard is the standard.' We set the bar high, so anything less is unacceptable. I can definitely agree with him (Goff) on that."

(On what he has seen in the Cardinals defense)

"They already have the leading sacker in (LB) Chandler Jones. (S) Budda Baker is flying all of the way around the field. Great veterans in (LB Terrell) Suggs, (LB Haason) Reddick. They've got some great players, some young players – 'BB' (Baker) is still learning, but they've been getting better as the season's been going on. They've been definitely doing a great job."

(On how he would assess where he is going to Arizona this season after being a game-time decision last year)

"I'm playing this game, last year I wasn't playing. That's kind of how that was."

On how he views each of the next five games and if he looks at them all as having to win all five or if he goes one game at a time)

"Keep looking at all five and that's how you lose all five. I don't even know who we play next week, honestly. I know we've got the Cardinals. I really don't even know who we play (after that). Just got to focus on the little things. The little things got us to where – at least hit the big things – whether it's winning the game, getting players Pro Bowls and stuff like that. Just tightening up the screws a little bit. To harp up on what 'JG' said, anything less than having high expectations is unacceptable. It's really just trying to focus on tomorrow, obviously it's Thanksgiving. It's a short day, let's try to make the best out of it during Thanksgiving."

(On what allows the pre-snap penalties to happen and what changes with a team that lets the penalties happen)

"You start losing. You start putting yourself in even worse situations. Stuff from the start going good and then you get pre-snap penalties. It's just like turnovers, no one's trying to false start, no one's trying to turn the ball over – it's just football. It's one of those things where you just can't harp on it too much. Like you said, you're not trying to write a bad article, if you just happen to, it just happened to. But, don't think about

it too much, it's football, it's like, move on. Doesn't really matter who turned the ball over, who had the penalty. It affects all 11 of us on the field, it affects the whole team actually. Just try to move on and don't try to do something a little bit extra the next play. Just do your job."