



## LOS ANGELES RAMS

### **Rams Running Back Todd Gurley II – Media Availability – December 20, 2018**

**(On how he's feeling and if he thinks he'll be able to play on Sunday)**

"Yeah, I think I'll be fine, man. Just taking it day-by-day recovering, resting, trying to feel better."

**(On if they have given him any indication on how his preparation will go throughout the week)**

"Ha. Practice (laughs). Nah, I don't plan on practicing."

**(On how important he feels it is for him to play these next two games with the Rams still trying to secure a first-round bye)**

"That's for sure. That's the goal. Obviously, we should've took care of that two weeks ago. We didn't. We're in a situation we're in now. That's why we need to win these last two games and try to get everyone on that field to play."

**(On how he balances playing with his health and playoffs in mind)**

"I don't worry about that. At the end of the day, like I said, we've got a first-round bye that we want to get and we need to go get that. So, we're not worrying about three weeks from now. We need to worry about this week."

**(On having a heavy workload these last couple years and if he feels like he should be rested for the playoffs)**

"I haven't had that much of a workload the last month, but if you say so. I've had games when I've had 30 touches. I'm here to play ball. I'm not worried about January to the fifth. We're on December 20th. We play a game Sunday. Playoffs are going to take care of itself."

**(On what if he's told he isn't playing even if he felt like he could)**

"We've got a game to win. I'm pretty sure me being out there – if I can be out there – I would put this team in a good position to help them win. So, why wouldn't I be out there if I can play? In the situation that we are – we just lost two. We're trying to get a first-round bye. That's what we're trying to do - we're trying to win."

**(On Head Coach Sean McVay saying that he won't adversely affect his ability to stay healthy by making him play)**

"I'm not going to go out there and jeopardize my future as well, so it works both ways – me communicating with (Senior Director, Sports Performance and Medicine) Reggie (Scott), coaching staff, everyone and all of us being on the same page. I'm not going to tell those guys I'm fine when I'm not and go out there and could risk something else. So, it's a two-way street. That's why we communicate with each other – me, coach, Reggie, (Director of Strength Training and Performance) Ted (Rath), everybody – we all have a great relationship and that's just how it works. Just keep trying to get better every day with rehab and all that stuff. But, like I said man, just trying to get better every day. Plan to go on Sunday and we'll just see from there."

**(On if he would be playing if the game was today)**

"Today? That's a tough question. I haven't tried to run. So, yeah, that's a tough question."

**(On how he helps catch RB C.J. Anderson up to speed)**

"It's football. Everyone has the same plays, just different terminology. He's been working his tail off the last two days. He's been up here probably almost the whole day, honestly. He's a veteran player. He knows what to do. It's different, too – each week you do like gameplans. It's not like he's trying to learn the whole offense. We've got gameplans so he just needs to learn these certain plays. We've got a great head coach and great offensive line, everyone. We're all going to help each other out."

**(On Browns RB Nick Chubb and Patriots RB Sony Michel and how well they're playing)**

"It's crazy, man. Those guys have been having a great rookie year. Good to see (Browns RB Nick) Chubb. Chubb is the reason that Cleveland is winning now. It just feels good to see him over there just balling out, doing his thing. You put (Patriots RB) Sony (Michel) with the GOAT and that's just going to make him the player he is. He's already a special player. I feel real good when I get to see those guys balling and doing their thing."

**(On if Cardinals RB David Johnson ever sent him a thank you note for resetting the running back market to help him get a new contract)**

"Nah. I wouldn't say I reset the market. I was the first one to get that deal. I'm pretty sure he wasn't worrying about me and I wasn't worrying about him. At the end of the day, if you're happy with what your deal is, then hey, that's what it's supposed to be. He deserved it, man. He just happened to have a stupid wrist injury that prevented him from not playing all of last year. The year before that – 20 touchdowns, great player. Tough season just overall for the (Arizona) Cardinals. Everyone knows what (Cardinals RB) David (Johnson) is capable of. He's a great running back and he's dangerous out of the backfield."

**(On if he feels a sense of urgency given the team's performance the past two weeks)**

"Yeah, for sure. Definitely make you want to play, for sure, just being what we've done the last two games, which was nothing. So, we've got to get it together."